

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2025

Piedmont, Assisted Living, Life Enrichment Guide

Ground Floor: HCR-Harris Community Rm First Floor: LR- Living Room, HAM-Ham's Billiard Room
RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room.
Second Floor: A- Afton Mountain Community Room.

<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>5 9:45 Neighborhoods-A 10:15 Zumba-A 10:45 Brain Games-A 12:30 Bookmobile-PL 2:00 Snowbird Painting-A 4:30 In Room Visits-A</p>	<p>6 9:15 Yoga - A 9:45 Daily News & Chronicles-A 10:30 Word Mining-A 2:00 Bingo-GDR 3:00 Agatha Christie Documentary-A</p>	<p>7 9:45 Neighborhood-A 10:00 Drumming-A 10:45 Brain Games 2:00 Shop: Wal*Mart 3:00 We Bring the Music 4:30 Wet Your Whistle Wednesday-H</p>	<p>8 9:45 Neighborhood-A 10:00 Brain Games-A 10:45 Walks-A 2:00 Shop: Harris Teeter 3:00 Exercise 4:30 Wet Your Whistle Wednesday-H</p>	<p>9 9:30 Yoga-A 10:15 Celebrity Profile-A 2:00 Game of States-A 3:00 Catholic Communion-GDR 3:00 New Music: John Lockridge-LR</p>	<p>10 9:45 Neighborhood-A 10:00 Fitness-A 10:45 Word Scramble-A 2:00 Movie Matinee: Maid in Manhattan</p> <p>11 Morning: Puzzle Sheets-A 3:00 Bingo - GDR</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>12 9:45 Neighborhoods-A 10:15 Zumba-A 10:45 Whacky Pictures-A 2:30 King of the Road- Roger Miller-A 4:30 Word Search Sheets-A</p>	<p>13 9:15 Yoga-A 9:45 Daily News & Chronicles-A 10:30 Word Mining-A 2:00 Bingo-GDR 3:00 Game (Headbands)-A</p>	<p>14 9:45 Neighborhood-A 10:00 Brain Games-A 10:45 Walks-A 2:00 Shop: Harris Teeter 3:00 Exercise 4:30 Wet Your Whistle Wednesday-H</p>	<p>15 9:30 Yoga-A 10:15 Jeopardy-A 2:00 Loaded Answers-A 3:00 Catholic Communion-GDR 3:00 Corn Hole-A</p>	<p>16 9:45 Neighborhood-A 10:00 Fitness-A 10:45 Crossword Puzzle Sheets-A 2:00 Nature Documentary-A 3:00 New Music: Erin & Lucas-LR 4:30 Walks-A</p>	<p>17 Morning: Puzzle Sheets-A 3:00 Bingo</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>19 9:45 Neighborhoods-A 10:15 Zumba-A 10:45 Brain Games-A 2:00 Arm Chair Travel 3:00 Music: Eli Jessee-2nd 4:30 Color Me Calm-A</p> <p>No Bookmobile due to Holiday</p>	<p>20 9:15 Yoga-A 9:45 Daily News & Chronicles-A 10:30 Word Mining-A 2:00 Bingo-GDR 3:00 Music: Brian Frankie-LR</p>	<p>21 9:45 Neighborhood-A 10:00 Drumming 10:45 Color My World 2:00 Brain Games 3:00 Exercise 4:30 Wet Your Whistle Wednesday-H</p>	<p>22 9:30 Yoga-A 10:30 Art with Jason-A 2:00 Movie Matinee: Zookeeper 3:00 Catholic Communion-GDR</p>	<p>23 9:45 Neighborhood-A 10:00 Fitness-A 10:45 Whacky Word Pictures-A 2:00 Movie Matinee: My Fair Lady-A 4:30 Walks-A</p>	<p>24 Morning: Puzzle Sheets-A 3:00 Bingo</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>26 9:45 Neighborhoods-A 10:15 Zumba-A 10:45 Brain Games-A 2:00 Movie Matinee-A 4:30 Crossword Sheets-A</p>	<p>27 9:00 Donuts on the 3rd Floor 9:15 Yoga-A 9:45 Daily News & Chronicles-A 10:30 Word Mining-A 2:00 Bingo-GDR 3:00 Valentine Craft-A</p> 	<p>28 9:45 Neighborhood-A 10:00 Brain Games-A 10:45 Walks-A 2:00 Shop: Harris Teeter 3:00 Exercise 4:30 Wet Your Whistle Wednesday-H</p>	<p>29 9:30 Yoga-A 10:15 2 Truths & a Lie-A 2:00 20 Questions-A 3:00 Catholic Communion-GDR 3:00 Walks-A</p>	<p>30 9:45 Neighborhood-A 10:00 Fitness-A 10:45 Word Scramble-A 2:00 The Story of Helen Keller-A 3:00 Braille as a means of Communication-A 4:30 Walks-A</p>	<p>31 "People don't notice whether it's winter or summer when they are happy" -Anton Chekhov</p>

Activity Professionals Week

Martin Luther King Jr. Day

Australia Day (Observed)

Chinese New Year (Year of the Snake)