

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Ridges, Independent Living, Life Enrichment Guide

Room, **HAM**-Ham's Billiard Room **RDR**- Ridges Dining Room, **P**-Pub, **L**- Library, **C**-Café, **PL**: Parking Lot, **PDR** Private Dining Room. **Second Floor:** **A**--Afton Mountain Community Room. **Third Floor:** **H**-Hidden's Farm Community Room, Greenwood Dining Room

2:00 Rummikub-C
3:00 Bingo-P

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Church Loops
2:00 Crozet Methodist Church, Streamed Service-HCR

Groundhog Day

2 9:30 Zumba-HCR
10:30 Banangrams-C
12:30 Bookmobile-PL
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
1:00 Walks-LR
Donations taken to the Olive Tree. Donations must be bagged & at the front desk by 9am.

3 10:00 Yoga-HCR
11:00 Lodge Singers-HCR
1:00 Walks-LR
6:45 **KARAOKE NIGHT-P**
7:00 Poker-C



4 9:15 **Loop: Charlottesville**
10:30 **Music: Kevin Salyer-LR**
1:00 Walks-LR
2:00 Rummikub-C

5 9:30 Yoga-A
12:00 Mahjong-LR
1:00 Walks-LR
3:00 **New Musician: Larry Swift-LR**
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
5:00 Super Bowl Happy Hour-P
7:00 Movie Matinee-HCR


6 1:00 Walks-LR

7 2:00 Rummikub-C
3:00 Bingo-P

Church Loops
2:00 Crozet Methodist Church, Streamed Service-HCR

9 9:30 Zumba-HCR
9:45 **Outing: COSTCO**
10:30 Banangrams-C
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
1:00 Walks-LR

10 10:00 Yoga-HCR
11:00 Lodge Singers-HCR
1:00 Walks-LR
2:30 **Skin Care with aesthetician, Katie-RDR**
7:00 Poker-C




11 9:15 **Loop: Waynesboro**
1:00 Walks-LR
2:00 Rummikub-C
2:30 **Brain Health & Parkinsons Presentation-RDR** by speech therapist: Caleb Wilson
Full Snow Moon

Tu B'Shevat Begins

12 9:30 Yoga-A
12:00 Mahjong-LR
1:00 Walks-LR
2:00 **Cardio Drumming-HCR**
3:00 **Music: The Paulien Trio-LR**
3:00 Knitting Grp.-LR
3:00 Catholic Comm.- GDR
5:00 Happy Hour-P
7:00 Movie Matinee-HCR

13 1:00 Walks-LR
3:00 **Music: Fritz Horisk-LR**



Valentine's Day

2:00 Rummikub-C
3:00 Bingo-P

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Church Loops
2:00 Crozet Methodist Church, Streamed Service-HCR

16 9:30 Zumba-HCR
10:30 Banangrams-C
12:30 Bookmobile-PL
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
1:00 Walks-LR

Presidents' Day (U.S.)

17 10:00 Yoga-HCR
11:00 Lodge Singers-HCR
1:00 Walks-LR
5:00 **Dinner Outing: Silk Road**
7:00 Poker-C

18 9:15 **Loop: Crozet**
1:00 Walks-LR
2:00 Rummikub-C
3:00 **Music: Kim & Jimbo-LR**

19 9:30 Yoga-A
12:00 Mahjong-LR
1:00 Walks-LR
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
7:00 Movie Matinee-HCR

Third Thursday

20 1:00 Walks-LR
1:30 **Outing: Hilltop Winery & Meadery**

2:00 Rummikub-C
3:00 Bingo-P

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Church Loops
2:00 Crozet Methodist Church, Streamed Service-HCR

23 9:30 Zumba-HCR
10:30 Banangrams-C
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
1:00 Walks-LR

24 10:00 Yoga-HCR
11:00 Lodge Singers-HCR
1:00 Walks-LR
3:00 **Music: Eric Franzen-LR**
7:00 Poker-C

25 9:15 **Loop: Charlottesville**
1:00 Walks-LR
1:00 Book Club-L
2:00 Rummikub-C

Take out dinner, due to Piedmont & Season's Snow Ball

26 9:30 Yoga-A
12:00 Mahjong-LR
1:00 Walks-LR
2:00 **Cardio Drumming-HCR**
3:00 **Music: Classical Violinist, Bendy Goodfriend-LR**
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
5:00 Happy Hour-P
7:00 Movie Matinee-HCR

27 1:00 Walks-LR

28 **Movie Outing: "The Un-Breakable Boy"**
Time TBA

Ramadan Begins

