

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|---|---|
| 9:00 Hymns (You Tube) 1 | 10:00 Neighborhood/Fuel Up 2 10:15 Family Feud 11:00 Zumba 12:30 Music of George Winston 2:00 Glue and Giggles 3:00 Pasta Sequencing 4:00 Walks 4:30 Fuel Up & Music with Annabelle <small>Purim Begins</small> | 10:00 Neighborhood/Fuel Up 3 10:15 Finishing Lines 10:45 Yoga 12:30 Soothing Music 2:00 Non-Denominational Lenton Church Service- HCR 3:00 Sing Along 4:00 Happy Hour w/ Bonnie 6:30 Housekeeping | 9:45 Neighborhood/Fuel Up 4 10:15 Chronicles 10:45 Cardio Drumming 12:30 Classical Music 2:00 Smooches with Pooches 3:00 Music: Martha & Me-LR 4:30 Wet Your Whistle | 9:45 Morning Mtg/Fuel Up 5 10:15 Yoga 10:45 Devotions 12:30 Massage w/ Dianah 2:00 Art w/Carey 3:00 Music: George Goodloe-LR 4:15 Fuel Up | 9:45 Neighborhood/Fuel Up 6 10:15 Scenic Drive 12:30 Country Music 2:00 Chair Fitness 3:00 Documentary: Free Solo 4:00 Fuel Up 6:30 Housekeeping | 10:00 Rhythmic Remedies Music (WAHS Student) 7 Afternoon Activity: Spa Nails w/ H&W |
| 9:00 Hymns (You Tube) 8 <small>Daylight Saving Time Begins</small> | 10:00 Neighborhood/Fuel Up 9 10:15 Balloon Volley 10:45 Fitness 12:30 Jazz Music 2:00 Glue and Giggles 3:00 Music: "Hooray for Hollywood" w/ Stephanie Nakasian-RDR 4:00 Walks 4:30 Fuel Up & Music with Anelle | 9:45 Music w/ Monica 10 10:30 Fuel Up 10:45 Yoga 12:30 Soothing Music 2:00 Non-Denominational Lenton Church Service- HCR 3:00 Beer Bread 4:15 Fuel Up 6:30 Housekeeping | 9:45 Art with Ann 11 10:15 Chicken Soup for The Soul Stories 10:45 Cardio Drumming 12:30 Classical Music 2:00 Craft w/ Suzy 4:30 Wet Your Whistle | 9:45 Morning Mtg/Fuel Up 12 10:15 Yoga 10:45 Sequencing 12:30 Animal Cam 2:00 Art w/ Carey 3:00 Music: The Dick Orange Trio-LR 4:15 Fuel Up | 9:45 Neighborhood/Fuel Up 13 10:15 Fitness 11:00 Outing: Sal's Pizza 12:30 Gospel Music 2:00 "Stretch it Out" 3:00 Documentary: The Greatest Night in Pop 4:00 Fuel Up 6:30 Housekeeping | 10:00 Music/ Games w/ Susan Roebach's studio 14 Afternoon Activity: Spa Nails w/ H&W |
| 9:00 Hymns (You Tube) 15 | 10:00 Neighborhood/Fuel Up 16 10:15 Irish Tales 11:00 Zumba 12:30 Jazz Music 2:00 Glue and Giggles 3:00 St. Paddy's Day Music w/ Ed & Paul-LR 4:00 Walks 4:30 Fuel Up & Music with Annabelle | 10:00 Neighborhood/Fuel Up 17 10:15 Sensory Shamrocks 10:45 Yoga 12:30 Soothing Music 2:00 Non-Denominational Lenton Church Service- HCR 3:00 Cupcake Decorating 4:15 Fuel  <small>St. Patrick's Day</small> | 9:45 Neighborhood/fuel Up 18 10:15 One on Ones 10:45 Cardio Drumming 12:30 Classical Music 2:00 Craft with Suzie 3:00 Little House on the Prairie 4:30 Wet Your Whistle | 9:45 Morning Mtg/Fuel Up 19 10:15 Yoga 10:45 Devotions 12:30 Massage w/ Dianah 2:00 Art w/ Carey 3:00 Reminisce 4:15 Fuel Up | 9:45 Neighborhood/Fuel Up 20 10:15 Scenic Drive 12:30 Country Music 2:00 Devotions 3:00 Documentary: Jim and Andy: The Great Beyond 4:00 Fuel Up 6:30 Housekeeping <small>Spring Begins</small> | 10:30 Pasta Sort 21 Afternoon Activity: Spa Nails w/ H&W |
| 9:00 Hymns (You Tube) 22 | 10:00 Neighborhood/Fuel Up 23 10:15 Sing Along 10:45 Fitness 12:30 Jazz Music 2:00 Glue and Giggles 3:00 Music: Eli Jessee-A 4:00 Walks 4:30 Fuel Up & Music with Annabelle | 10:00 Neighborhood/Fuel Up 24 10:15 Famous Virginians 10:45 Yoga 12:30 Soothing Music 2:00 Non-Denominational Lenton Church Service- HCR 3:00 Travelogue: Ireland 4:15 Fuel Up 6:45 Music: "The Faithful Men-LR" | 9:45 Art with Ann 25 10:45 Cardio Drumming 12:30 Classical Music 2:00 Coloring Sheets 3:00 Music: Dan Layman-LR 4:30 Wet Your Whistle | 9:45 Morning Mtg/Fuel Up 26 10:15 Yoga 10:45 Beer Bread Baking 12:30 Animal Cam 2:00 Art w/ Carey 3:00 Reminisce 4:15 Fuel Up | 9:45 Neighborhood/Fuel Up 27 10:15 Scenic Drive 12:30 Gospel Music 2:00 Chair Fitness 3:00 Documentary: The Only Girl in the Orchestra 4:00 Fuel Up 6:30 Housekeeping | 10:30: Noodle Ball 28 Afternoon Activity: Spa Nails w/ H&W |
| 9:00 Hymns (You-Tube) 29 10:45 Noodle Ball w/ Sierra <small>Palm Sunday</small> | 9:45 Neighborhood/Fuel Up 30 10:15 This 'n That 10:45 Fitness 12:30 Jazz Music 2:00 Glue and Giggles 3:00 Bread Making 4:00 Walks 4:30 Fuel Up & Music with Annabelle | 10:00 Neighborhood/Fuel Up 31 10:15 Conversations 10:45 Yoga 12:30 Soothing Music 2:00 Non-Denominational Lenton Church Service- HCR 3:00 "Tanghulu" Treat 4:15 Fuel Up 6:30 Housekeeping | <p>Season's, Memory Care, Life Enrichment Guide</p> <h1>March 2026</h1> <p>Uva Madison House visits are Monday & Tuesday afternoons</p>  | | | |