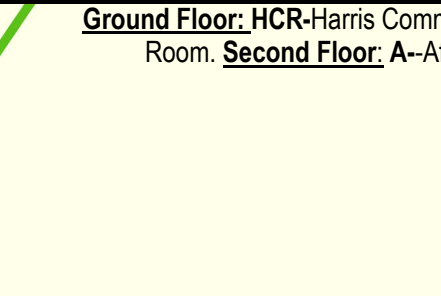
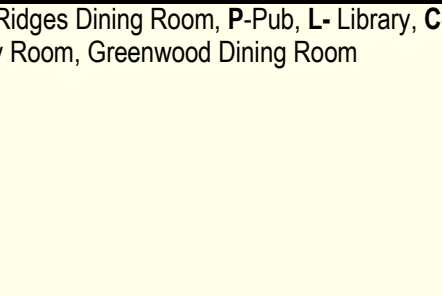


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  August 2025 Ridges, Independent Living, Life Enrichment Guide						
No Church Loop Today 2:00 Crozet Methodist Church, Streamed Service-HCR	3 9:00 Walks-LR 9:30 Zumba-HCR 10:30 Banangrams-C 12:30 Bookmobile-PL 1:30 Bridge-C 1:30 Mexican Train Dominos-C	4 9:00 Walks-LR 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 3:00 Faraway Music: Brian Frankie-LR 7:00 Poker-C	5 9:00 Walks-LR 9:15 Loop: Crozet 9:30 Fitness-HCR 2:00 Rummikub-C 6:45 Music Bingo-P	6 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P	7 9:00 Walks-LR 9:30 Fitness-HCR 1:30 Mexican Train Dominos-C	8 2:00 Rummikub-C 3:00 Bingo-P
Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	10 9:00 Walks-LR 9:30 Zumba-HCR 10:30 Banangrams-C 1:00 Bridge-C 1:30 Mexican Train Dominos-C	11 9:00 Walks-LR 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 3:00 Music: Bennie Dodd-LR 6:20 Outing: C'ville Municipal Band @ the Paramount Theater 7:00 Poker-C	12 9:00 Walks-LR 9:15 Loop: Charlottesville 9:30 Fitness-HCR 2:00 Rummikub-C	13 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 2:00 Drumming-HCR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour	14 9:00 Walks-LR 9:30 Fitness-HCR 1:30 Mexican Train Dominos-C	15 2:00 Rummikub-C 3:00 Bingo-P
Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	17 9:00 Walks-LR 9:30 Zumba-HCR 10:30 Banangrams-C 12:30 Bookmobile-PL 1:00 Bridge-C 1:30 Mexican Train Dominos-C 3:00 Music: Eli Jessee-LR	18 9:00 Walks-LR 9:00 Outing: Virigina Museum of Fine Arts- Exhibit: Frida Kahlo & lunch 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 7:00 Poker-C	19 9:00 Walks-LR 9:15 Loop: Waynesboro 9:30 Fitness-HCR 2:00 Rummikub -LR -C 2:30 Corks & Canvas Painting Class-HCR	20 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour on the Pub Patio 7:00 Movie Matinee-HCR	21 9:00 Walks-LR 9:30 Fitness-HCR 1:30 Mexican Train Dominos-C	22 2:00 Rummikub-C 3:00 Bingo-P
Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	24 9:00 Walks-LR 9:30 Zumba-HCR 10:30 Banangrams-C 1:00 Bridge-C 1:30 Mexican Train Dominos-C	25 9:00 Walks-LR 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 3:00 Music: John Lockridge-LR 7:00 Poker-C	26 9:00 Walks-LR 9:15 Loop: Crozet 9:30 Fitness-HCR 1:00 Book Club 2:00 Rummikub-C	27 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 2:00 Cardio Drumming-HCR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 3:30 Music: James Curry-LR 5:00 Happy Hour	28 9:00 Walks-LR 9:30 Fitness-HCR 1:30 Mexican Train Dominos-C	29 2:00 Rummikub-C 3:00 Bingo-P
Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	31 	  Ground Floor: HCR-Harris Community Rm First Floor: LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room. Second Floor: A--Afton Mountain Community Room. Third Floor: H-Haden's Farm Community Room, Greenwood Dining Room				