

Sunday

Monday

Tuesday

Wednesday

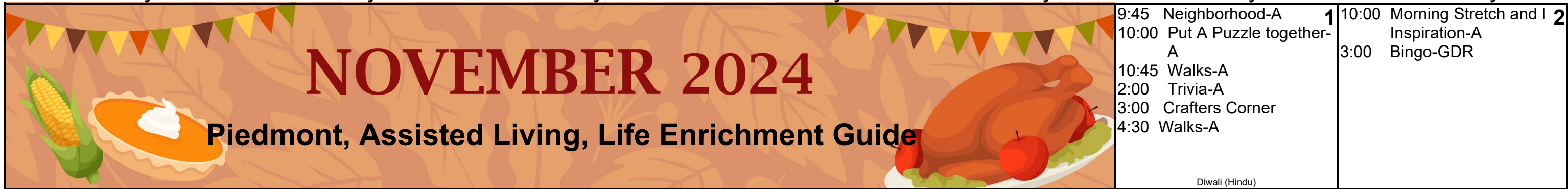
Thursday

Friday

Saturday

# NOVEMBER 2024

## Piedmont, Assisted Living, Life Enrichment Guide



<p>2:00 Crozet Methodist Church, Stream Service-HCR</p> <p>Daylight Saving Time Ends</p>	<p>3 9:45 <b>Outing: Olive Tree</b> 4 10:15 Zumba-A 12:30 Bookmobile-PL 2:00 Big X Word Puzzle-A 3:00 Nature Documentary-A 4:30 Walks-A</p>	<p>5 9:15 Yoga-A 10:00 <b>Advent Bible Study &amp; Devotions w/ Dr. Donna Cain- A</b> 10:30 Word Mining-A 2:00 Bingo-GDR 3:00 Fall Wood Coaster Sets 4:00 Walks</p>	<p>6 10:00 Fuel Up 10:30 Music: Kevin Salyard-A 2:00 <b>Smooches with Pooches-A</b> 3:00 Exposing the Secret The Secret Word 4:30 <b>Wet Your Whistle Wednesday-H</b></p>	<p>7 9:30 Yoga-A 10:15 Gratitude Calendar-A 2:00 One &amp; Done Game-A 3:00 <b>Music: George Goodloe-LR</b> 3:00 Catholic Communion-GDR 4:00 Room Visits</p>	<p>8 9:45 <b>Outing: Five &amp; Below</b> 9:45 Neighborhood-A 10:00 Whacky Word Pictures-A 10:45 Walks-A 1:30 Movie: The Sound of Music-A 3:00 Von Trapp Family Story-A</p> <p>Diwali (Hindu)</p>	<p>9 10:00 Morning Stretch and Inspiration-A 3:00 Bingo-GDR</p> <p>10:00 Morning Stretch and Inspiration-A 2:30 <b>Music as Medicine Performance-LR</b></p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>10 9:45 Neighborhood-A 11 10:15 Zumba-A 10:45 Brain Games-A 2:00 Arm Chair Travel Tomb of the Unknown Soldier-A 3:00 <b>Music: Kimball Swanson-LR</b> 4:30 Walks</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>12 9:15 Yoga-A 10:00 <b>Advent Bible Study &amp; Devotions w/ Dr. Donna Cain- A</b> 10:30 Word Mining-A 2:00 <b>Corn Hole-H</b> 3:00 Moon Pie Owl Treats 4:00 Walks</p>	<p>13 9:45 Neighborhood-A 10:15 Cardio Drumming-HCR 2:00 Color My World-A 3:00 <b>Music: Jazz Connection-LR</b> 4:30 <b>Wet Your Whistle Wednesday-H</b></p>	<p>14 9:30 Yoga-A 10:15 Gratitude Calendar-A 2:00 Left/Right Game-A 3:00 Holiday Traditions-A 3:00 Catholic Communion-GDR 4:00 Room Visits</p>	<p>15 9:30 Fuel Up-A 9:45 Word Search Sheets-A 2:00 Cliches and What they Mean-A 3:00 Music: Bennie Dodd-LR</p>	<p>16 10:00 Morning Stretch and Inspiration-A 3:00 Bingo-GDR</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>17 9:45 Neighborhood-A 18 10:15 Zumba-A 10:45 Brain Games-A 12:30 Bookmobile-PL 2:00 Celebrity Spotlight Eleanor Roosevelt-A 3:00 <b>Music: Eli Jessee-A</b> 4:15 Walks-A</p>	<p>19 9:15 Yoga-A 10:00 <b>Advent Bible Study &amp; Devotions w/ Dr. Donna Cain- A</b> 10:30 Word Mining-A 2:00 <b>Corn Hole-H</b> 3:15 Documentary: "Queen Victoria, Secrets of a Queen"-A Prime TV</p>	<p>20 9:45 Neighborhood-A 10:00 Brain Games-A 10:30 <b>Reminisce w/ Carol-A</b> 2:00 Spelling Bee-A 3:00 <b>Music: Billy Brockman-LR</b> 4:30 <b>Wet Your Whistle Wednesday-H</b></p>	<p>21 9:30 Yoga-A 10:15 Gratitude Calendar-A 10:30 <b>Art w/ Jason-A</b> 3:15 Cider &amp; Donuts-HCR 3:00 Catholic Communion-GDR 4:15 Room Visits</p>	<p>22 9:15 <b>Outing: Dollar General</b> 2:00 Crafter's Corner-A 3:30 The Gaither's-A</p>	<p>23 10:00 Morning Stretch and Inspiration-A 3:00 Bingo-GDR</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>24 9:45 Neighborhood-A 25 10:15 Zumba-A 10:45 Brain Games-A 2:00 Thanksgiving Sing Along-A 3:00 Thanksgiving Trivia-A 4:30 Walks-A</p>	<p>26 9:15 Yoga-A 10:00 <b>Advent Bible Study &amp; Devotions w/ Dr. Donna Cain- A</b> 10:30 Word Mining-A 2:00 Bingo-GDR 3:15 Holiday Movie-A</p>	<p>27 9:45 Neighborhood-A 10:15 Cardio Drumming-HCR 2:00 "Walton's Thanksgiving"-A 4:00 <b>Wet Your Whistle Wednesday-H</b> Happy Hour time change, today only</p>	<p>28 <b>Be Thankful!</b>  Thanksgiving Day</p>	<p>29 10:00 Neighborhood-A 10:30 Brain Teasers-A 2:00 Let's Get Packing-A 3:00 Guess the Year-A</p> <p><b>No Shopping loop on Black Friday</b></p>	<p>30 10:00 Morning Stretch and Inspiration-A 3:00 Bingo-GDR</p>