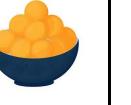


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h1>January 2026</h1> <p>Piedmont, Assisted Living, Life Enrichment Guide</p> <p>Ground Floor: HCR-Harris Community Rm First Floor: LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room. Second Floor: A-Afton Mountain Community Room. Third Floor: H-Haden's Farm Community</p>					
2:00 Crozet Methodist Church, Streamed Service- HCR 3:30 Bingo w/ Generations Volunteers -GDR	4 9:45 Shop the Olive Tree-A 10:15 Zumba-A 10:45 Word Scramble-A 12:00 Bookmobile PL 2:00 Germany Travelogue-A 3:00 Music: James Curry-LR 4:15 Hall Walks-A	5 9:15 Yoga-A 9:45 Chronicles-A 10:15 Word Mining-A 2:00 Group Crosswords-A 2:45 Art w/ Cary-A 4:15 Bingo w/ Sara-A	6 9:45 Neighborhood-A 10:00 Cardio Drumming-A 10:30 New Year Traditions-A 1:00 Outing: Harris Teeter 2:00 Smooches w/ Pooches-A 3:00 Music: Eric Franzen-LR 4:30 Wet Your Whistle Wednesday-H	7 9:30 Yoga-A 10:00 Brain Games-A 10:45 Team Spelling Bee-A 2:00 Wheel of Fortune-H 3:00 Music: Pete & Ellen Vigour-LR 3:00 Catholic Communion-GDR	8 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Whacky Word Pics-A 11:30 Lunch at Dr. Ho's Alternative Pizza 2:15 Crafter's Corner-A 3:30 Movie Matinee: The Dutchess-A	1 10:00 Neighborhood-A 10:30 Fitness-A 2:00 Movie Matinee: Sea Biscuit-A
2:00 Crozet Methodist Church, Streamed Service- HCR 3:30 Bingo w/ Generations Volunteers -GDR	11 9:45 Neighborhood-A 10:15 Zumba-A 10:45 Brain Games-A 2:00 MLK Art 3:00 Planet Earth Documentary-A 4:15 Hall Walks-A 7:00 The Jeffersonland Chorus-LR	12 9:15 Yoga-A 9:45 Chronicles-A 10:15 Word Mining-A 2:00 Group Crosswords-A 3:00 Music: David Weiss Band-LR 4:15 Bingo w/ Sara-A	13 9:45 Neighborhood-A 10:00 Cardio Drumming-A 10:30 Brain Games-A 1:00 Outing: Dollar General 3:30 Wheel of Fortune 4:30 Wet Your Whistle Wednesday-H	14 9:30 Yoga-A 10:00 Polar Bear Game-A 10:45 Game of States-A 2:00 Create a Charcuterie Board-A 3:00 Dice Game-A 3:00 Catholic Communion-GDR 4:00 Indoor Walks-A	15 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Cranium Crunches-A 2:00 Color Me Calm -A 3:00 Movie Matinee: Vegas Vacation-A	10 10:00 Music: JoAnna Evans piano studio-LR
2:00 Crozet Methodist Church, Streamed Service- HCR 3:30 Bingo w/ Generations Volunteers -GDR	18 9:45 Neighborhood-A 10:15 Zumba-A 10:45 Search a Word -A 12:00 Bookmobile PL 2:00 Dolly Day Trivia-A 3:00 Music: Eli Jesse-A 4:15 Hall Walks-A  <i>Dress Like Dolly</i> Martin Luther King Jr. Day	19 9:15 Yoga-A 9:45 Chronicles-A 10:15 Word Mining-A 2:00 Group Crosswords-A 3:00 Conversations-A 4:15 Bingo w/ Sara-A	20 9:45 Neighborhood-A 10:00 Cardio Drumming-A 10:30 Reminisce w/ Carol-A 1:00 Outing: Harris Teeter 3:00 Music: C'Ville Brass Band-RDR 4:30 Wet Your Whistle Wednesday-H	21 9:30 Yoga-A 10:00 Famous People-A 10:45 Even/Odd Game-A 2:00 Craft with Hannah 3:00 Catholic Communion-GDR 4:00 Indoor Walks-A	22 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Brain Games-A 2:00 Gaither's Sing Along-A 3:15 Movie Matinee: John Wayne -A	23 9:30 Bingo-GDR
2:00 Crozet Methodist Church, Streamed Service- HCR 3:30 Bingo w/ Generations Volunteers -GDR	25 9:45 Neighborhood-A 10:15 Zumba-A 10:45 Brain Games-A 2:00 Hot Chocolate-GDR 3:00 Music: Brian Frankie-LR 4:15 Hall Walks-A	26 9:15 Yoga-A 9:45 Chronicles-A 10:15 Word Mining-A 2:00 Group Crosswords-A 3:00 Conversations-A 4:15 Bingo w/ Sara-A 7:00 Music: Faithful Men-LR	27 9:45 Neighborhood-A 10:00 Cardio Drumming-A 10:30 Brain Games-A 1:00 Outing: Target 3:45 Wheel of Fortune 4:30 Wet Your Whistle Wednesday-H	28 9:30 Yoga-A 10:00 Pet Trivia-A 10:45 Moose Word Game-A 2:00 Board Games 3:00 Cheese Puff Game-A 3:00 Catholic Communion-GDR 4:00 Indoor Walks- A 	29 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Crossword Puzzles Sheets-A 2:00 Cookie Baking-GDR-A 3:15 Movie Matinee: Eight Below-A	30 10:30 Music w/ JJ Miles LR
Australia Day (Observed)						

Pamela Rose, email: pamelajessee@lodgeatoldtrail.com. The calendar is subject to change. **Red-Outings**, Purple: entertainment/special activity