

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

Black History Month

## Piedmont, Assisted Living, Life Enrichment Guide

Ground Floor: HCR-Harris Community Rm **First Floor:** LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room

**Second Floor:** A-Afton Mountain Community Room. **Third Floor:** H-Haden's Farm Community

2:00 Crozet Methodist Church, Stream Service- HCR 3:30 Bingo-GDR	<b>1</b> 9:45 Shop the Olive Tree-A 10:15 Zumba-A 12:00 Bookmobile PL 2:00 Who am I? -A 3:00 Groundhog Facts 4:15 Hall Walks-A   Groundhog Day	9:15 Yoga-A 9:45 Neighborhood-A 10:15 Art with Cary-A <b>2</b> 2:00 Crosswords w/ Christine-A 3:00 Conversations-A 4:15 Walks-A	3 10:00 Neighborhood-A 10:15 Fitness 10:45 Brain Games <b>1:00 Outing: Harris Teeter</b> 2:00 Smooches w/Pooches-A <b>4:30 Happy Hour &amp; Goodbye Card Party for Ellie-LR</b>	4 9:30 Yoga-A 10:00 Neighborhood-A 10:15 Sing Along-A 10:45 New Orleans' Music-A 2:00 Cardio Drumming-A 3:00 Card Making 3:00 Catholic Communion- GDR 4:00 Walks-A	5 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Brain Games-A 2:00 <i>Winter Olympics Opening Ceremony on NBC-H</i> 3:00 Milkshakes-H 4:00 Indoor Walks-A  	6 10:30 Music: Jonathan Miles- LR (Bob & Pat Miles son)	7
2:00 Crozet Methodist Church, Stream Service- HCR 3:30 Bingo-GDR  <i>6:30 Super Bowl is on NBC</i>	<b>8</b> 10:00 Neighborhood-A 10:30 Brain Games-A <b>1:30 STAB Students Visit- GDR</b> 3:00 Art at the Louve-A 4:15 Hall Walks-A	<b>9</b> 9:15 Yoga-A 9:45 Neighborhood-A 10:15 Art with Cary-A <b>2:00 Crosswords w/ Christine- A</b> 3:00 Conversations-A 4:15 Walks-A	<b>10</b> 10:00 Neighborhood-A 10:15 Fitness 10:45 Favorite Stories <b>1:00 Outing: Twice as Nice</b> 4:30 Wet Your Whistle Wednesday	<b>11</b> 10:00 Neighborhood-A 10:15 Fitness 10:45 Favorite Stories <b>1:00 Outing: Twice as Nice</b> 4:30 Wet Your Whistle Wednesday	<b>12</b> 9:30 Yoga-A 10:00 Neighborhood-A 10:15 Board Games-A 10:45 Valentine History-A 2:00 Cardio Drumming-A <b>3:00 Pianist: Marci Kramer- LR</b> 3:00 Catholic Communion- GDR	<b>13</b> 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Finish the Song Lyrics- A 2:00 Valentine Gnomes Craft with Judy & Suzie-A 3:00 Black History Documentary-A	<b>14</b>   Valentine's Day
2:00 Crozet Methodist Church, Stream Service- HCR 3:30 Bingo-GDR	<b>15</b> 10:00 Neighborhood-A 10:15 Zumba-A 10:45 Brain Games-A 12:00 Bookmobile PL 2:00 Word Mining-A <b>3:00 Music: Eli Jessee-A</b> 4:15 Hall Walks-A	<b>16</b> 9:15 Yoga-A 9:45 Neighborhood-A 10:15 Art with Cary-A <b>2:00 Crosswords w/ Christine- A</b> 3:00 Classical Violinist: Benedict Goodfriend-LR 4:15 Walks-A  Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	<b>17</b> 10:00 Neighborhood-A 10:30 Reminisce w/ Carol-A <b>1:00 Outing: Harris Teeter</b> 2:00 <i>Ash Wednesday Service-HCR</i> 4:30 Wet Your Whistle Wednesday	<b>18</b> 10:00 Neighborhood-A 10:30 Reminisce w/ Carol-A <b>1:00 Outing: Harris Teeter</b> 2:00 <i>Ash Wednesday Service-HCR</i> 4:30 Wet Your Whistle Wednesday	<b>19</b> 9:30 Yoga-A 10:00 Neighborhood-A 10:15 Story of Lent-A 10:45 Easter Memories-A 2:00 Cardio Drumming-A 3:00 Catholic Communion- GDR 3:30 Candy Making	<b>20</b> 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Whacky Word Pics-A 2:00 Landscape Coloring Pages-A 3:00 Movie Matinee: "My House in Umbria-A	<b>21</b>
2:00 Crozet Methodist Church, Stream Service- HCR 3:30 Bingo-GDR	<b>22</b> 10:00 Neighborhood-A 10:30 Brain Games-A 2:00 Craft with Suzie-A 3:30 Beer Bread-GDR 4:15 Hall Walks-A	<b>23</b> 9:10 Outing: Visit the Rt. 11 24 Chip Factory & stop for lunch at Chick-Fil-A 9:15 Yoga-A <b>2:00 Crosswords w/ Christine- A</b> 3:00 Conversations-A 4:15 Walks-A	<b>24</b> 10:00 Neighborhood-A 10:30 Carol's Passing the News-A <b>1:00 Outing: Dollar Tree</b> 3:00 Music: Kim & Jimbo-LR 4:30 Wet Your Whistle Wednesday	<b>25</b> 10:00 Neighborhood-A 10:30 Carol's Passing the News-A <b>1:00 Outing: Dollar Tree</b> 3:00 Music: Kim & Jimbo-LR 4:30 Wet Your Whistle Wednesday	<b>26</b> 9:30 Yoga-A 10:00 Neighborhood-A 10:15 Two Lies & A Truth-A 10:45 Trivia-A 2:00 Cardio Drumming-A 3:00 Comedy Hour-A 3:00 Catholic Communion GDR 5:30 <b>Snowball Dinner Dance</b>  	<b>27</b> 9:45 Neighborhood-A 10:00 Fitness-A 10:30 Brain Games-A 2:00 Nature Documentary-A 3:00 Movie Matinee: "Divine Secrets of the Ya-Ya Sisterhood"-A	<b>28</b>