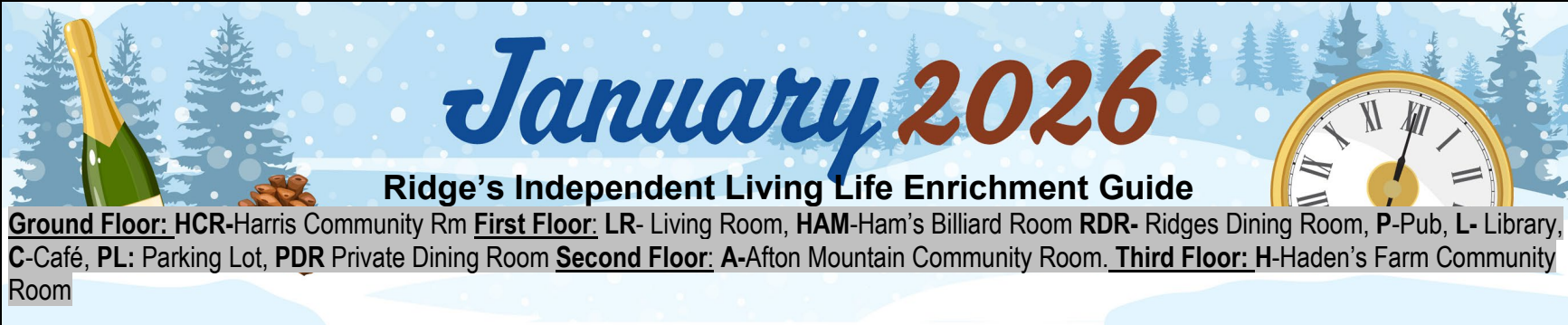


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Ridge's Independent Living Life Enrichment Guide Ground Floor: HCR-Harris Community Rm First Floor: LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room Second Floor: A-Afton Mountain Community Room. Third Floor: H-Haden's Farm Community Room						
Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	4 9:30 Zumba-HCR 10:30 Bananagrams-C 12:30 Bookmobile-PL 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C 3:00 Music: James Curry-LR	5 10:00 Yoga-HCR 11:00 Lodge Singers-HCR Movie Outing: "Song Sung Blue"-Time TBA 1:00 Walks-LR 7:00 Poker-C Epiphany	6 9:15 Loop: Charlottesville 9:30 Fitness w/ Daphne-HCR 10:30 NEW: Men's Group Hosted by the Senior Center's own Kevin Quirk-PDR 1:00 Walks-LR 2:00 Rummikub-C 3:00 Music: Eric Franzen-LR	7 9:30 Yoga-A 9:45 Outing: Rocky's Gold & Silver (You can buy or sell your gold & silver). Lunch @ Cracker Barrel 1:00 Walks-LR 3:00 Music: Pete & Ellen Vigour-LR 3:00 Knitting Grp. -LR 3:00 Catholic Mass-GDR 5:00 Happy Hour-P	8 9:30 Fitness w/ Daphne-HCR 10:30 Mahjong-LR 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C	9 10:00 Music: JoAnna Evans piano studio-LR 2:00 Rummikub-C 3:00 Bingo-P
11 Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	12 9:30 Zumba-HCR 10:30 Bananagrams-C 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C 7:00 The Jeffersonland Chorus-LR	13 8:45 Breakfast Outing: Crozet Crepe Co. 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 1:00 Walks-LR 3:00 Music: David Weiss Music Grp-LR 7:00 Poker-C	14 9:15 Loop: Waynesboro 1:00 Walks-LR 2:00 Rummikub-C No Fitness Class Today	15 9:30 Yoga-A 1:00 Walks-LR 3:00 Knitting Grp. -LR 3:00 Catholic Comm.-GDR 4:45 Dinner Outing: Dr. Ho's Humble Pie Third Thursday	16 10:30 Mahjong-LR 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C No Fitness Class Today	17 2:00 Rummikub-C 3:00 Bingo-P
18 Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	19 9:30 Zumba-HCR 10:30 Bananagrams-C 12:30 Bookmobile-PL 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C 4:30 Dolly Day Happy Hour Dress w/ anything Dolly. Butterflies, Big Hair...	20 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 1:00 Walks-LR 3:30 Wheel of Fortune-P 7:00 Poker-C	21 9:15 Loop: Crozet 10:30 Men's Group Hosted by The Center's own Kevin Quirk-PDR 1:00 Walks-LR 2:00 Rummikub-C 3:00 Music: C'ville Brass Band-RDR 6:30 WAHS Wrestling Meet No Fitness Class Today	22 9:30 Yoga-A 1:00 Walks-LR 2:00 Poker Game w/ Korey Sign-up on the sheet. Max of 8 players. 3:00 Knitting Grp. -LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P	23 10:30 Mahjong-LR 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C No Fitness Class Today	24 2:00 Rummikub-C 3:00 Bingo-P
25 Church Loops 2:00 Crozet Methodist Church, Streamed Service-HCR	26 9:30 Zumba-HCR 10:30 Bananagrams-C 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C 3:00 Music: Brian Frankie-LR	27 10:00 Yoga-HCR 11:00 Lodge Singers-HCR 1:00 Walks-LR 7:00 Poker-C 7:00 Music: Faithful Men--LR	28 9:15 Loop: Charlottesville 9:30 Fitness w/ Daphne-HCR 1:00 Walks-LR 1:00 Book Club-L 2:00 Elder Mediation Talk w/ Brian Nagel-RDR (invite your family members) 2:00 Rummikub-C	29 9:30 Yoga-A 1:00 Walks-LR 3:00 Knitting Grp. -LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P	30 9:30 Fitness w/ Daphne-HCR 10:30 Mahjong-LR 1:00 Walks-LR 1:00 Bridge-LR 1:30 Mexican Train Dominos-C	31 10:30 Music w/ JJ Miles LR (son of Bob & Pat Miles) 2:00 Rummikub-C 3:00 Bingo-P