

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>February 2026</h1> <p>Seasons, Memory Care, Life Enrichment Guide. This is Black History month. Uva Madison House visits are Monday, Tuesday &amp; Wednesday afternoons.</p> </div>						
8:30 Joel Osteen (Channel 28)  Basket Activities  Tu B'Shevat Begins	10:00 Morning Mtg/Fuel Up 10:30 Favorite Stories 11:00 Zumba 12:30 Country Music 2:00 Craft with Hannah 3:00 Groundhog Day Treat 4:00 Walks 4:30 Fuel Up & Music with Annabelle  Groundhog Day	10:00 Morning Mtg/Fuel Up 10:15 Balloon Toss 10:45 Yoga 12:30 Soothing Music 2:00 Treat with Hannah 3:00 Sing Along 4:00 Happy Hour w/ Bonnie	9:45 Art with Ann 10:45 Cardio Drumming 12:30 Classical Music 2:00 Chronicles 2:30 Smooches w/ Pooches 3:00 History of Dogs and Fun Facts 3:45 Andy Griffith Show 4:30 Wet Your Whistle	9:45 Morning Mtg/Fuel Up 10:15 Yoga 10:45 Beer Bread 12:30 Massage w/ Dianah 2:00 Art w/ Cary 3:00 Finishing Lines 4:15 Fuel Up	9:45 Morning Mtg/Fuel Up 10:15 Scenic Drive 12:30 Hymns 2:00 Winter Olympics Opening Ceremony on NBC 3:15 Parachute 4:00 Milk Shakes 	10:30 Music: Jonathan Miles-LR (Bob & Pat Miles son)  Afternoon Activity: Spa Nails w/ H&W
8:30 Joel Osteen (Channel 28)  Basket Activities  6:30 Super Bowl is on NBC	10:00 Morning Mtg/Fuel Up 10:30 Fitness 11:00 Family Feud 12:30 Country Music 1:30 STAB Students Visit-GDR 3:00 Milkshakes 4:00 Walks 4:30 Fuel Up & Music with Annabelle	9:45 Music w/ Monica 10:45 Yoga 12:30 Soothing Music 2:00 Card Making 3:00 Devotions 3:30 Volley Ball 4:15 Fuel Up 6:30 Housekeeping	9:45 Art with Ann 10:45 Cardio Drumming 12:30 Classical Music 2:00 Comedy Hour 3:00 Color My World 4:30 Wet Your Whistle	9:45 Morning Mtg/Fuel Up 10:15 Yoga 10:45 Devotions 12:30 Bird Cam 2:00 Art w/ Cary 3:00 Pianist: Marci Kramer-LR 4:15 Fuel Up	9:45 Neighborhood/Fuel Up 10:15 Scenic Drive 12:30 Hymns 2:00 Sensational Valentines 3:00 Documentary: Black History Month: High on the Hog 4:15 Fuel Up 6:30 Housekeeping	10:00 Rhythmic Remedies Music (WAHS Student)  Afternoon Activity: Spa Nails w/ H&W   Valentine's Day
8:30 Joel Osteen (Channel 28)  Basket Activities	10:00 Morning Mtg/Fuel Up 10:30 Mardi Gras Music 11:00 Zumba 12:30 Country Music 2:00 Craft with Hannah 3:00 Music: Eli Jessee 4:00 Walks 4:30 Fuel Up & Music with Annabelle  Presidents' Day (U.S.)	9:45 Morning Mtg/Fuel Up 10:15 Story of Lent 10:45 Yoga 12:30 Soothing Music 2:00 Sequencing 3:00 Classical Violinist: Benedict Goodfriend-LR 4:30 Fuel Up 	9:45 Art with Ann 10:45 Cardio Drumming 12:30 Classical Music 2:00 Ash Wednesday Service-HCR 3:00 Baking Cookies 4:30 Wet Your Whistle	9:45 Morning Mtg/Fuel Up 10:15 Yoga 10:45 Spa Nails 12:30 Massage w/ Dianah 2:00 Art w/ Cary 3:00 Pasta Sequencing 4:15 Fuel Up	9:45 Neighborhood/Fuel Up 10:15 Scenic Drive 12:30 Hymns 2:00 Noodle Ball 2:45 Documentary: Travel 4:15 Milkshakes 6:30 Housekeeping	10:30 Animal Bingo Afternoon Activity: Spa Nails w/ H&W
8:30 Joel Osteen (Channel 28)  Basket Activities	10:00 Morning Mtg/Fuel Up 10:30 Sing Along 11:00 Fitness 12:30 Country Music 2:00 Bread Making 3:00 Craft with Hannah 4:00 Walks 4:30 Fuel Up & Music with Annabelle	10:00 Morning Mtg/Fuel Up 10:15 Poems 10:45 Yoga 12:30 Soothing Music 2:00 Noodle Ball 3:00 Devotions 4:15 Fuel Up 6:30 Housekeeping	10:00 Morning Mtg/Fuel Up 10:15 Chicken Soup for the Soul 10:45 Cardio Drumming 12:30 Classical Music 2:00 Noodle Ball 3:00 Music: Kim & Jimbo-LR 4:30 Wet Your Whistle	9:45 Morning Mtg/Fuel Up 10:15 Yoga 10:45 12:30 Animal Cam 2:00 Art w/ Cary 3:00 Fuel Up 5:30 Snowball Dinner Dance 	9:45 Neighborhood/Fuel Up 10:15 Scenic Drive 12:30 Hymns 2:00 Candy making 3:00 Movie Matinee 4:15 Fuel Up 6:30 Housekeeping	10:30: Noodle Sorting  Afternoon Activity: Spa Nails w/ H&W