

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

Seasons, Memory Care, Life Enrichment Guide

<p>8:30 Joel Osteen (Cannel 28)</p> <p>Basket Activities</p>	<p>9:45 <b>Outing: Olive Tree</b></p> <p>11:00 Zumba</p> <p>12:30 Classical Music</p> <p>2:00 Madison House – Dot to Dot Color</p> <p>3:00 Karaoke</p> <p>4:00 Walks</p> <p>4:30 Fuel Up</p> <p>6:30 Music &amp; Dance</p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Humor</p> <p>10:45 Yoga</p> <p>12:30 Gospel Music</p> <p>2:00 Sing Along</p> <p>3:00 Noodle Ball</p> <p>4:00 Fuel Up</p> <p>6:30 Housekeeping</p>	<p>9:45 Morning Mtg/Fuel up</p> <p>10:00 <b>Art with Ann</b></p> <p>10:30 Fitness</p> <p>11:00 Walking the loop!</p> <p>2:00 Madison House</p> <p>2:30 <b>Smooches w/ Pooches</b></p> <p>3:00 Puzzles</p> <p>4:30 <i>Wet Your Whistle</i></p> <p><i>Wednesday-H</i></p> <p>6:30 <b>News</b> <small>New Year's Day</small></p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Yoga</p> <p>10:45 Basketball</p> <p>12:30 Jazz Music</p> <p>2:00 Color My World</p> <p>3:00 Dot to Dot</p> <p>4:00 Movie Matinee &amp; Snack</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:30 Cardio Drumming-MC</p> <p>1:00 <b>Scenic Drive</b></p> <p>2:00 New Years Craft</p> <p>3:00 Card Sort</p> <p>4:00 Fuel Up</p> <p>4:30 <b>Music: with Annabelle</b></p> <p>6:30 Homemaking</p>	<p>8:30 News</p> <p>9:45 Fuel Up</p> <p>10:30 Puzzles</p> <p>2:30 Color My World</p> <p>6:00 Evening Movie</p>
<p>8:30 Joel Osteen (Cannel 28)</p> <p>Basket Activities</p>	<p>9:45 Morning Meeting</p> <p>11:00 Zumba</p> <p>12:30 Classical Music</p> <p>2:00 Madison House – Make Snowmen</p> <p>3:00 Karaoke</p> <p>4:00 Walks</p> <p>4:30 Fuel Up</p> <p>6:30 Music &amp; Dance</p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Crozet Stories</p> <p>10:45 Yoga</p> <p>12:30 Gospel Music</p> <p>2:00 Color Bingo</p> <p>3:00 Horseshoes</p> <p>4:00 Fuel Up</p> <p>6:30 Housekeeping</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:00 <b>Horse Racing</b></p> <p>10:30 Fitness</p> <p>11:00 Walking the loop!</p> <p>2:00 Madison House</p> <p>3:00 Noodle Ball</p> <p>4:30 <i>Wet Your Whistle</i></p> <p><i>Wednesday-H</i></p> <p>6:30 News</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:15 Yoga</p> <p>10:45 Balloon Toss</p> <p>12:30 Classical Music</p> <p>2:00 Puzzles</p> <p>3:00 <b>New Music: John Lockridge - LR</b></p> <p>4:00 Fuel Up</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:30 Cardio Drumming</p> <p>1:00 <b>Scenic Drive</b></p> <p>2:00 Movie Matinee: <b>Maid in Manhattan</b></p> <p>4:30 Fuel Up</p> <p>4:30 <b>Music: with Annabelle</b></p> <p>6:30 Homemaking</p> <p>Office Clean Up</p>	<p>8:30 News</p> <p>9:45 Fuel Up</p> <p>10:30 Card Sort</p> <p>2:30 Color My World</p> <p>6:00 Evening Movie</p>
<p>8:30 Joel Osteen (Cannel 28)</p> <p>Basket Activities</p>	<p>9:45 Morning Meeting</p> <p>11:00 Zumba</p> <p>12:30 Classical Music</p> <p>2:00 Madison House – Aqua Painting</p> <p>3:00 <b>Music: Eli Jesse -2<sup>nd</sup> FL</b></p> <p>4:00 Walks</p> <p>4:30 Fuel Up</p> <p>6:30 Music &amp; Dance</p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Celebrity Profile</p> <p>10:45 Yoga</p> <p>12:30 Gospel Music</p> <p>2:00 Jenga</p> <p>3:00 <b>Music: Brian Frankie – LR</b></p> <p>4:00 Fuel Up</p> <p>6:30 Housekeeping</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:00 Art with Ann</p> <p>10:30 <b>Fitness</b></p> <p>11:00 Walking the loop!</p> <p>2:00 Madison House</p> <p>3:00 Make Winter Cards</p> <p>4:30 <i>Wet Your Whistle</i></p> <p><i>Wednesday-H</i></p> <p>6:30 News</p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Yoga</p> <p>10:45 Horse Racing</p> <p>12:30 Jazz Music</p> <p>2:00 Movie Matinee: <b>Zoo Keeper</b></p> <p>4:30 Fuel Up</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:30 Cardio Drumming-MC</p> <p>1:00 <b>Scenic Drive</b></p> <p>2:00 Dot to Dot</p> <p>3:00 Noodle Ball</p> <p>4:00 Fuel Up</p> <p>4:30 <b>Music: with Annabelle</b></p> <p>6:30 Homemaking</p>	<p>8:30 News</p> <p>9:45 Fuel Up</p> <p>10:30 Puzzles</p> <p>2:30 Color My World</p> <p>6:00 Evening Movie</p>
<p>8:30 Joel Osteen (Cannel 28)</p> <p>Basket Activities</p> <p><small>Activity Professionals Week</small></p>	<p>9:45 Morning Meeting</p> <p>11:00 Zumba</p> <p>12:30 Classical Music</p> <p>2:00 Madison House – Noodle Ball</p> <p>3:00 Karaoke</p> <p>4:00 Walks</p> <p>4:30 Fuel Up</p> <p>6:30 Music &amp; Dance</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Wacky Pictures</p> <p>10:45 Yoga</p> <p>12:30 Gospel Music</p> <p>2:00 Hand Exercises</p> <p>3:00 Balloon Toss</p> <p>4:00 Fuel Up</p> <p>6:30 Housekeeping</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:00 Art with Ann</p> <p>10:30 <b>Fitness</b></p> <p>11:00 Walking the loop!</p> <p>2:00 Madison House</p> <p>3:00 Aqua Paint</p> <p>4:30 <i>Wet Your Whistle</i></p> <p><i>Wednesday-H</i></p> <p>6:30 News</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Yoga</p> <p>10:45 Pizza Craft</p> <p>12:30 Classical Music</p> <p>2:00 Dean Martin &amp; The Rat Pack</p> <p>3:00 Rat Pack Sing-a-long</p> <p>4:00 Fuel Up</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:30 Cardio Drumming-MC</p> <p>1:00 <b>Scenic Drive</b></p> <p>2:00 Comedy Hour</p> <p>3:00 Heartland</p> <p>4:00 Fuel Up</p> <p>4:30 <b>Music: with Annabelle</b></p> <p>6:30 Homemaking</p>	<p>8:30 News</p> <p>9:45 Fuel Up</p> <p>10:30 Puzzles</p> <p>2:30 Card Sort</p> <p>6:00 Evening Movie</p>
<p>8:30 Joel Osteen (Cannel 28)</p> <p>Basket Activities</p> <p><small>Australia Day (Observed)</small></p>	<p>9:45 Morning Meeting</p> <p>11:00 Zumba</p> <p>12:30 Classical Music</p> <p>2:00 Madison House – Noodle Ball</p> <p>3:00 Karaoke</p> <p>4:00 Walks</p> <p>4:30 Fuel Up</p> <p>6:30 Music &amp; Dance</p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Wacky Pictures</p> <p>10:45 Yoga</p> <p>12:30 Gospel Music</p> <p>2:00 Hand Exercises</p> <p>3:00 Balloon Toss</p> <p>4:00 Fuel Up</p> <p>6:30 Housekeeping</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:00 Art with Ann</p> <p>10:30 <b>Fitness</b></p> <p>11:00 Walking the loop!</p> <p>2:00 Madison House</p> <p>3:00 Aqua Paint</p> <p>4:30 <i>Wet Your Whistle</i></p> <p><i>Wednesday-H</i></p> <p>6:30 News</p> <p><small>Chinese New Year (Year of the Snake)</small></p>	<p>9:45 Morning Mtg/Fuel Up</p> <p>10:15 Yoga</p> <p>10:45 Pizza Craft</p> <p>12:30 Classical Music</p> <p>2:00 Dean Martin &amp; The Rat Pack</p> <p>3:00 Rat Pack Sing-a-long</p> <p>4:00 Fuel Up</p>	<p>9:45 Morning Mtg./Fuel Up</p> <p>10:30 Cardio Drumming-MC</p> <p>1:00 <b>Scenic Drive</b></p> <p>2:00 Comedy Hour</p> <p>3:00 Heartland</p> <p>4:00 Fuel Up</p> <p>4:30 <b>Music: with Annabelle</b></p> <p>6:30 Homemaking</p>	<p><b>“People don’t notice whether it’s winter or summer when they are happy”</b></p> <p><b>-Anton Chekhov</b></p>

Life Enrichment Director: Pam Jessee, email: [pamelajessee@lodgeatoldtrail.com](mailto:pamelajessee@lodgeatoldtrail.com). Calendar is subject to change. **Red-Outings**, **Purple: entertainment/special activity**. Bookmobile comes every 1<sup>st</sup> & 3<sup>rd</sup> Monday at 12:30pm