

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Piedmont, Assisted Living, Life Enrichment Guide

# February 2025

Morning: Puzzle Sheets-A 1  
3:00 Bingo-GDR

**Ground Floor:** HCR-Harris Community Rm **First Floor:** LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room. **Second Floor:** A--Afton Mountain Community Room.

<p>2:00 Crozet Methodist Church, Stream Service-HCR</p> <p>Groundhog Day</p>	<p>2 9:45 <b>Outing: The Olive Tree</b></p> <p>10:15 Zumba-A</p> <p>12:30 Bookmobile-PL</p> <p>2:00 Nail Spa-A</p> <p>4:30 Walks-A</p>	<p>3 9:15 Yoga – A</p> <p>9:45 Daily News &amp; Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:00 Bingo-GDR</p> <p>3:00 Pizza Game</p>	<p>4 9:45 Neighborhood-A</p> <p>10:30 <b>Music: Kevin Salyer-LR</b></p> <p>1:30 <b>Shop: Harris Teeter</b></p> <p>2:00 <b>Smooches w/ Pooches-A</b></p> <p>3:00 Exercise</p> <p>4:30 <i>Wet Your Whistle Wednesday-H</i></p>	<p>5 9:45 Neighborhood-A</p> <p>10:00 Candy Lines-A</p> <p>10:45 <b>Resident Association Mtg-RDR</b></p> <p>2:00 Noodle Ball-A</p> <p>3:00 Catholic Communion-GDR</p> <p>3:00 <b>New Musician: Larry Swift-LR</b></p>	<p>6 9:45 Neighborhood-A</p> <p>10:00 Fitness-A</p> <p>10:45 Whacky Word Pics-A</p> <p>2:00 February Gazette-A</p> <p>3:00 Celebrity Spotlight-Clark Gable-A</p> <p>4:30 In Room Visits</p>	<p>7 Morning: Puzzle Sheets-A 8 3:00 Bingo-GR</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>9 9:45 Neighborhoods-A</p> <p>10:15 Zumba-A</p> <p>10:45 Word Scramble-A</p> <p>1:30 <b>STAB STUDENTS Visit-GDR</b></p> <p>3:00 Noodle Ball-A</p> <p>4:30 Walks-A</p>	<p>10 9:15 Yoga – A</p> <p>9:45 Daily News &amp; Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:30 <b>Skin Care with aesthetician, Katie-RDR</b></p>	<p>11 9:45 Neighborhood-A</p> <p>10:00 Brain Games-A</p> <p>10:45 Walks-A</p> <p>1:30 <b>Shop: Wal*Mart</b></p> <p>2:30 <b>Brain Health &amp; Parkinsons Presentation-RDR</b> by speech therapist:Caleb Wilson</p> <p>3:00 Color My World-A</p> <p>4:30 <i>Wet Your Whistle Wednesday-H</i></p> <p><b>Full Snow Moon</b> Tu B'Shevat Begins</p>	<p>12 9:30 Yoga-A</p> <p>10:00 Valentine Memories-A</p> <p>2:00 JenGa Game-A</p> <p>3:00 <b>Music: The Paulien Trio-LR</b></p> <p>3:00 Catholic Communion-GDR</p> <p>4:15 Walks-A</p>	<p>13 9:45 Neighborhood-A</p> <p>10:00 Fitness-A</p> <p>10:45 Cranium Crunches-A</p> <p>1:45 Craft-Sweetheart Button Picture Frame-A</p> <p>3:00 <b>Music: Fritz Horisk-LR</b></p> <p>4:30 In Room Visits</p> <p>Valentine's Day</p>	<p>14 Morning: Puzzle Sheets-A 15 3:00 Bingo-GDR</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>16 9:45 Neighborhoods-A</p> <p>10:15 Zumba-A</p> <p>10:45 Landscape Coloring-A</p> <p>12:30 Bookmobile-PL</p> <p>2:00 Aqua Paint-A</p> <p>3:00 <b>Music with Eli-A</b></p> <p>4:30 Walks</p> <p>Presidents' Day (U.S.)</p>	<p>17 9:15 Yoga – A</p> <p>9:45 Daily News &amp; Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:00 Bingo-GDR</p> <p>3:00 Crossword Puzzles</p>	<p>18 9:45 Neighborhood-A</p> <p>10:00 Brain Games-A</p> <p>10:45 Walks-A</p> <p>1:30 <b>Shop: Harris Teeter</b></p> <p>3:00 <b>Music: Kim &amp; Jimbo-LR</b></p> <p>4:30 <i>Wet Your Whistle Wednesday-H</i></p>	<p>19 9:30 Yoga-A</p> <p>10:00 Famous Painters-A</p> <p>10:30 <b>Art with Jason-A</b></p> <p>2:00 Short Stories-A</p> <p>3:00 Catholic Communion-GDR</p> <p>3:00 Karaoke-A</p>	<p>20 9:45 Neighborhood-A</p> <p>10:00 Fitness-A</p> <p>10:45 Word Scramble-A</p> <p>2:00 Movie Matinee-A</p> <p>4:30 In Room Visits</p>	<p>21 Morning: Puzzle Sheets-A 22 3:00 Bingo-GDR</p>
<p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>23 9:45 Neighborhoods-A</p> <p>10:15 Zumba-A</p> <p>10:45 Let's Write a Story-A</p> <p>2:00 Life of Jacque Coustao</p> <p>3:00 Afternoon Tea-GDR</p> <p>4:30 Walks-A</p>	<p>24 9:15 Yoga – A</p> <p>9:45 Daily News &amp; Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:00 Bingo-GDR</p> <p>3:00 <b>Music: Eric Franzen-LR</b></p>	<p>25 9:45 Neighborhood-A</p> <p>10:30 Reminisce w/ Carol-A</p> <p>10:45 Brain Games-A</p> <p>1:30 <b>Shop: Dollar Tree, Pantops</b></p> <p>3:00 Get ready for party!</p> <p>5:30-7:30 <b>SNOW BALL Dinner-RDR</b></p>	<p>26 9:30 Yoga-A</p> <p>10:00 Crozet Memories-A</p> <p>2:00 Uno card game-A</p> <p>3:00 Catholic Communion-GDR</p> <p>3:00 <b>Music: Classical Violinist, Betsy Goodfriend-LR</b></p>	<p>27 9:45 Neighborhood-A</p> <p>10:00 Fitness-A</p> <p>10:45 What is Ramadan?</p> <p>2:00 Nature Documentary-A</p> <p>3:00 What Am I?</p> <p>4:30 In Room Visits</p> <p>Ramadan Begins</p>	<p>28 Morning: Puzzle Sheets-A 29 3:00 Bingo-GDR</p>