







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Start walking now to get in shape for our "Happy Feet Meet the Street" walking challenge in May. Make your own teams of 4 people. Your team can be all residents or you can have staff and residents on your team! Just ask someone to join you!</p>	<p>9:45 Green Olive Tree 1</p> <p>10:15 Zumba-A</p> <p>2:00 Spin the Wheel Trivia-A</p> <p>3:00 Color Me Calm-A</p> <p>4:00 Walks-A</p> <p><i>No Roman Tonight</i></p> <p>All Fools' Day</p>	<p>9:30 Yoga-A 2</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:00 Bingo-GDR</p> <p>3:00 Famous Birthdays-A</p> <p>4:15 Walks-A</p>	<p>10:00 Fitness-A 3</p> <p>10:30 Daily Chronicles -A</p> <p>10:45 Whacky Words -A</p> <p>2:00 Pooches' Smooches-A</p> <p>2:30 Big Crossword Puzzle-A</p> <p>3:30 Info meeting on <i>Happy Feet Meet the Street-A</i></p> <p>4:00 Walks -A</p>	<p>9:30 Yoga-A 4</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 April Folklore-A</p> <p>2:00 Pokeno-A</p> <p>3:00 Music :Carter's Bridge-RDR</p> <p>3:00 Catholic Comm.-GDR</p> <p>4:15 Walks-A</p>	<p>9:30 Shop: Harris Teeter 5</p> <p>10:00 Fitness-A</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Brain Games-A</p> <p>2:00 April Birthday Game-A</p> <p>3:00 Spa Nails- Walks-A </p>	<p>10:00 Morning Stretch and Inspiration-A 6</p> <p>3:00 Bingo-GDR</p>
<p>10:15 Trivia with Cate-A 7</p> <p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>10:15 Zumba-A 8</p> <p>10:45 Brain Teasers</p> <p>11:15 Daily Chronicles-A</p> <p>2:00 Italian Words Cross Word-A</p> <p>3:00 Solar Eclipse </p> <p>4:00 Walks-A</p> <p>6:30 Activity w/ Roman-A</p>	<p>9:30 Yoga-A 9</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>1:30 Bingo-GDR</p> <p>3:00 The Lodge Choir Easter performance-LR</p> <p>4:15 Walks-A</p>	<p>10:00 Fitness-A 10</p> <p>10:30 Daily Chronicles</p> <p>10:45 Whacky Words -A</p> <p>2:00 Sweet Treat Game-A</p> <p>3:00 Music :Steve Brecker Band-LR</p> <p>4:15 Walks-A</p>	<p>9:30 Yoga-A 11</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Name Etymology-A</p> <p>2:00 Stories of Crozet-A</p> <p>3:00 Music: Martha & Me-LR</p> <p>3:00 Catholic Comm.-GDR</p> <p>4:15 Walks-A</p>	<p>9:30 Shop: The Cheese Shop 12</p> <p>10:00 Fitness-A</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Word Scramble-A</p> <p>2:30 Corks & Canvas Painting Class-HCR</p> <p>4:15 Walks-A </p>	<p>10:00 Morning Stretch and Inspiration-A 13</p> <p>3:00 Bingo-GDR</p>
<p>10:15 Trivia with Cate-A 14</p> <p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>10:15 Zumba-A 15</p> <p>10:45 Spiritual Reflection-A</p> <p>11:15 Daily Chronicles-A</p> <p>2:00 Person, Place or Thing-A</p> <p>3:00 Music: Eli Jessee-A</p> <p>4:15 Walks-A</p> <p>6:30 Activity w/ Roman-A</p>	<p>9:30 Yoga-A 16</p> <p>9:40 One on Ones-IR</p> <p>10:30 Performance: WAHS Musical/Drama Group "The Addam's Family"-RDR </p> <p>2:00 Bingo-GDR</p> <p>3:15 Jenga-A</p> <p>4:15 Walks-A</p>	<p>10:00 Fitness-A 17</p> <p>10:30 Daily Chronicles-A</p> <p>10:45 Whacky Words -A</p> <p>2:00 Noodle Ball-A</p> <p>3:00 Music: Brian Frankie-LR</p> <p>4:15 Walks-A</p>	<p>9:30 Yoga-A 18</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 French Spelling Bee-A</p> <p>2:00 History of Taxes-A</p> <p>3:00 Sing-Along-A</p> <p>3:00 Catholic Comm.-GDR</p> <p>4:15 Walks-A</p>	<p>9:30 Shop: Harris Teeter 19</p> <p>10:00 Fitness-A</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Word Scramble-A</p> <p>2:00 Rolling Zip Codes-A</p> <p>3:00 Music :Eric Franzen-LR</p> <p>4:15 Walks-A</p>	<p>10:00 Morning Stretch and Inspiration-A 20</p> <p>3:00 Bingo-GDR</p>
<p>10:15 Trivia with Cate-A 21</p> <p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>10:15 Zumba-A 22</p> <p>10:45 Spiritual Reflection-A</p> <p>11:15 Daily Chronicles-A</p> <p>2:00 Drumming Circle-A</p> <p>2:45 Cross Word Puzzle-A</p> <p>4:15 Walks-A</p> <p>6:30 Activity w/ Roman-A</p> <p>Passover Begins Earth Day</p>	<p>9:30 Yoga-A 23</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:00 Bingo-GDP</p> <p>3:00 Spa Nails- Walks-A </p> <p>4:15 Walks-A</p>	<p>10:00 Fitness-A 24</p> <p>10:30 Daily Chronicles-A</p> <p>10:45 Whacky Words -A</p> <p>2:00 Walking Presentation by Mark Lorenzoni of the Ragged Mtn Running Shop-RDR</p> <p>3:30 Make A Pizza Game-A</p> <p>4:15 Walks-A</p> <p>Administrative Professionals Day</p>	<p>9:30 Yoga-A 25</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Historic Houses-A</p> <p>2:00 Flower Arranging-A</p> <p>3:00 Music: Larry Kent-LR</p> <p>3:00 Catholic Comm.-GDR</p> <p>4:15 Walks-A</p>	<p>9:30 Shop: Target 26</p> <p>10:00 Fitness-A</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Brain Games-A</p> <p>2:00 Paint an Apple Tree-A</p> <p>3:30 Guess With 5 Clues-A</p> <p>4:15 Walks-A</p> <p>Arbor Day</p>	<p>10:00 Morning Stretch and Inspiration-A 27</p> <p>3:00 Bingo-GDR</p>
<p>10:15 Trivia with Cate-A 28</p> <p>2:00 Crozet Methodist Church, Stream Service-HCR</p>	<p>10:15 Zumba-A 29</p> <p>10:45 Spiritual Reflection-A</p> <p>11:15 Daily Chronicles-A</p> <p>2:00 TV and Movie Trivia-A</p> <p>3:30 Happy Hour-A:</p> <p>4:30 Walks-A</p> <p>6:30 Activity w/ Roman-A</p> <p></p>	<p>9:30 Yoga-A 30</p> <p>9:40 One on Ones-IR</p> <p>10:15 Daily Chronicles-A</p> <p>10:30 Word Mining-A</p> <p>2:00 Bingo-GDR</p> <p>3:00 Humorous Stories-A</p> <p>4:15 Walks-A</p>	<p align="center">Piedmont, Assisted Living, Life Enrichment Guide</p> <p align="center">April 2024</p> <p>First Floor: LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room. Second Floor: A--Afton Mountain Community Room. Third Floor: H-Haden's Farm Community Room, Greenwood Dining Room</p> <p>Red: Outing, Purple: Entertainment. Sign-up Sheets on 3rd floor.</p>			