

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Ridges, Independent Living, Life Enrichment Guide

May 2024

First Floor: LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room. **Second Floor:** A--Afton Mountain Community Room. **Third Floor:** H-Haden's Farm Community Room, Greenwood Dining Room **Red: Outing, Purple: Entertainment.**

<p>Church loops 2:00- Crozet Methodist Church, Stream Service - HCR</p> <p>Green Olive Tree donations taken in tomorrow morning. Drop off donations at the concierge desk Monday 7-9:30am.</p> <p><small>Cinco de Mayo</small></p>	<p>5 9:00 Walks-LR 9:30 ZUMBA-HCR 11:00 Bananagrams -C 12:30 Bookmobile -PL 1:00 Bridge -C Turn your teams step counts in from last week.</p>	<p>6 9:00 Walks-LR 9:30 Yoga-A</p>	<p>7 9:00 Walks-LR 9:00 Shopping Outing: Milmont Nursery & The Cheese Shop. Lunch at their Sandwich Shop 10:00 Fitness-HCR 2:00 Rummikub-C 3:00 We Bring the Music Presents: Jazz Connection-LR</p> <p><small>May Day</small></p>	<p>8 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 2:30 Mother's Day Tea-RDR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 7:00 Movie-HCR</p>	<p>9 9:00 Walks-LR 10:00 Fitness- HCR 1:00 Bridge-C 2:15 Shop Crozet</p>	<p>10 2:00 Rummikub-C 3:00 Bingo-P</p> <p>11 2:00 Rummikub-C 3:00 Bingo-P</p> <p>150th Running of the Kentucky Derby.</p> 
<p>Church loops 2:00- Crozet Methodist Church, Stream Service - HCR</p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>12 9:00 Walks-LR 9:10 Lewis Ginter Gardens/ Lunch @ Silver Diner 9:30 ZUMBA-HCR 11:00 Bananagrams -C 1:00 Bridge -C 2:00 Crozet Field School Performance-LR</p>	<p>13 9:00 Walks-LR 9:30 Yoga-A</p>	<p>14 9:00 Walks-LR 10:00 Fitness-HCR 2:00 Rummikub-C</p>	<p>15 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 7:00 Movie-HCR</p> <p><small>Third Thursday</small></p>	<p>16 9:00 Walks-LR 10:00 Fitness- HCR 1:00 Bridge-C 2:15 Shop Charlottesville 3:00 Music: Kimball Swanson-LR</p>	<p>17 2:00 Rummikub-C 2:00 Music: The Clare Tan Music Studio-LR 3:00 Bingo-P</p> <p><small>Armed Forces Day</small></p>
<p>Church loops 2:00- Crozet Methodist Church, Stream Service - HCR</p>	<p>19 9:00 Walks-LR 9:30 ZUMBA-HCR 11:00 Bananagrams -C 12:30 Bookmobile -PL 1:00 Bridge -C 3:00 Music: Eli Jesse-LR</p> <p><small>Victoria Day (Canada)</small></p>	<p>20 9:00 Walks-LR 9:15 Shop Waynesboro 9:30 Yoga-A 3:00 Presentation: "The Last Confederate Spy, Thomas Conrad Nelson". By Historian, Walter Wilson-RDR</p>	<p>21 9:00 Walks-LR 10:00 Fitness-HCR 2:00 Rummikub-C 3:00 Music: Violinist: Bendy Goodfriend-LR</p>	<p>22 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 7:00 Movie-HCR</p>	<p>23 9:00 Walks-LR 10:00 Fitness- HCR 1:00 Bridge-C</p>	<p>24 2:00 Rummikub-C 3:00 Bingo-P</p>
<p>Church loops 2:00- Crozet Methodist Church, Stream Service - HCR</p>	<p>26 9:00 Walks-LR 11:30-1:30 Memorial Day Cookout</p> 	<p>27 9:00 Walks-LR 9:15 Shop: Crozet 9:30 Yoga-A</p>	<p>28 8:45 Breakfast Outing: Tip Top Restaurant 9:00 Walks-LR 10:00 Fitness-HCR 1:00 Book Club-L 2:00 Rummikub-C</p>	<p>29 9:00 Walks-LR 9:30 Yoga-A 12:00 Mahjong-LR 3:00 Knitting Grp.-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 6:45 Hi Horse Cloggers-LR 7:00 Movie-HCR</p>	<p>30 9:00 Walks-LR 10:00 Fitness- HCR 1:00 Bridge-C</p>	<p>31</p> 