



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:45 Neighborhood-A 10:00 Fitness-A 10:45 Independence Day Highlights-A 1:00 <b>Outing: Target</b> 2:30 <b>Smooches w/ Pooches</b> 4:30 Wet Your Whistle <b>Volunteer Abigail AM</b>  Canada Day	9:30 <b>Yoga -A</b> 10:00 Neighborhood-A 10:30 Ocean Trivia -A 2:00 Cardio Drumming-A 3:00 Wheel of Fortune- H 3:00 Catholic Communion-GDR	9:30 Neighborhood-A 2:00 Fitness -A 3:00 Word Mining 3:45 Movie Matinee: "A Man Called Otto"  <b>Tonya on Scenic Drive</b> in MC	10:45 Patriotic Sing Along-A   Independence Day (U.S.)
10:30 Paper Trinket Boxes 2:00 Crozet Methodist Church, Stream Service- HCR	9:45 <b>Shop the Olive Tree-A</b> 10:00 Coloring Sheets-A 10:30 Fitness 12:00 Bookmobile PL 2:00 Armchair Travel-North to Alaska-A 4:15 Walks-A  <b>Volunteer Abigail PM</b>	9:15 <b>Yoga-A</b> 9:45 Neighborhood-A 10:00 Word Search -A 10:45 July Trivia-A 2:00 <b>Crosswords</b> 3:00 Color My World: Ocean Edition <b>Volunteer Emma w/ Suzy AM</b>	9:45 Neighborhood-A 10:00 Fitness-A 10:45 All About Sharks-A 1:00 <b>Outing: Harris Teeter</b> 4:30 Wet Your Whistle  <b>Volunteer Abigail AM</b>	9:30 <b>Yoga -A</b> 10:00 Neighborhood-A 10:30 Milkshakes-A 2:00 Cardio Drumming-A 3:00 Card Decorating-A 3:00 Catholic Communion-GDR	9:30 Neighborhood-A 2:00 Fitness -A 3:00 Blank Slate 3:45 Movie Matinee: "Jerry & Marge Go Large"  <b>Tonya on Scenic Drive</b> in MC	10:00 Bingo-GDR <b>(Volunteers)</b>  2:00 Key chains
10:30 Collage Art 2:00 Crozet Methodist Church, Stream Service- HCR	9:45 Neighborhood-A 10:00 Fitness-A 10:30 Whacky Word Pictures-A 2:00 Trivia of the US-A 3:00 <b>Historical Presentation by: Rick Britton. "From Cuckoo to C'ville, Jack Jouett's Overnight Ride"-RDR</b> <b>Volunteer Abigail PM</b>	9:15 <b>Yoga-A</b> 9:45 Neighborhood-A 10:00 Hang Man Ocean Theme-A 10:45 Pictionary-A 1:30 Mexican Train Dominos-C <b>Sierra oral Surgeon appt @ 11:30am</b>  Bastille Day	9:45 Neighborhood-A 10:00 Fitness-A 10:45 Summer Memories-A 1:00 <b>Outing: Scenic Drive</b> 3:00 <b>Music: Martha and Me-LR</b> 4:30 Wet Your Whistle <b>Volunteer Abigail AM</b> <b>ALL STAFF MTG 2:30</b>	9:30 <b>Yoga -A</b> 10:00 Neighborhood-A 10:30 Wheel of Fortune-H 2:00 Cardio Drumming-A 3:00 Magnet Fishing-A 3:00 Catholic Communion-GDR <b>Pam 2pm appt, leave at 1:20pm</b>	9:30 Neighborhood-A 2:00 Fitness -A 3:00 Word Search 3:45 Movie Matinee: "The Peanut Butter Falcon"  <b>Tonya on Scenic Drive</b> in MC	10:00 Bingo-GDR <b>(Volunteers)</b>  2:00 Ocean Art
2:00 Crozet Methodist Church, Stream Service- HCR  <b>Sierra drive church loops</b>	9:45 Neighborhood-A 10:15 Fitness-A 10:45 Word Scramble-A 12:00 Bookmobile PL 2:00 Celebrity Spotlight-A 3:00 <b>Music: Eli Jessee-A</b>  <b>Volunteer Abigail Vacation</b>	9:15 <b>Yoga-A</b> 9:45 Neighborhood-A 10:00 Word Mining-A 10:45 Would You Rather-A 2:00 <b>Crosswords?</b> 3:00 Ocean Trivia  <b>Volunteer Emma AM</b>	9:45 Neighborhood-A 10:00 Fitness-A 10:45 Celebrity Spotlight-A 1:00 <b>Outing: Harris Teeter</b> 4:30 Wet Your Whistle <b>Volunteer Abigail Vacation</b>	9:30 <b>Yoga -A</b> 10:00 Neighborhood-A 10:30 Milkshakes-A 2:30 <b>Music: Grateful Journey-LR</b> 3:00 Catholic Communion-GDR	9:30 Neighborhood-A 2:00 Fitness -A 3:00 Blank Slate 3:45 Movie Matinee: "Dolphin Tale"  <b>Tonya on Scenic Drive</b> in MC	10:00 Bingo-GDR <b>(Volunteers)</b>  2:00 Coasters
2:00 Crozet Methodist Church, Stream Service- HCR <b>Sierra drive church loops</b>	9:45 Neighborhood-A 10:00 Fitness-A 10:30 Shark Trivia-A 2:00 Shark Documentary-A 4:15 Walks-A <b>Volunteer Abigail PM</b> <b>SHARK WEEK</b>	9:15 <b>Yoga-A</b> 9:45 Neighborhood-A 10:00 Ocean Art w/ Cary-A 10:45 Brainteasers -A 2:00 <b>Crosswords?</b> 3:00 Board Game-A  <b>Volunteer Emma AM</b>	9:45 Neighborhood-A 10:00 Fitness-A 10:45 Game-A 1:00 <b>Outing: Crozet Artisan Depot</b> 3:00 <b>Dan Layman -LR</b> 4:30 Wet Your Whistle <b>Volunteer Abigail AM</b>	9:30 <b>Yoga -A</b> 10:00 Neighborhood-A 10:30 Paper Garland-A 2:00 Cardio Drumming-A 3:00 Wheel of Fortune-H 3:00 Catholic Communion-GDR	9:30 Neighborhood-A 2:00 Fitness -A 3:00 Hang Man Shark Edition 3:45 Movie Matinee: "Dolphin Tale 2"  <b>Tonya on Scenic Drive</b> in MC	

Life Enrichment Director: Pamela Rose, email: [pamelajessee@lodgeatoldtrail.com](mailto:pamelajessee@lodgeatoldtrail.com). The calendar is subject to change. **Red-Outings**, **Purple: entertainment/special activity**