

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"This nation will remain the land of the free only so long as it is the home of the brave"- -Elmer Davis, American News Reporter	9:45 Outing: The Green Olive Tree 1 11:00 ZUMBA 1:45 Jazz Music 2:45 Color Me Happy 3:30 Indoor Walks/Fuel Up 4:15 Garden 6:30 Music & Dance Canada Day	9:45 Neighborhoods/ Fuel Up 2 10:00 Chronicles & News 10:45 Yoga 12:30 Country Music 1:45 Comedy Hour 3:00 Music: The Lodge Choir 4:30 Fuel Up! 6:30 What Am I?	9:30 Neighborhoods/ Fuel Up 3 10:30 Music:: Kevin Salyer 12:30 Room Visits 2:30 Smooches w/ Pooches 3:00 Noodle Ball 4:30 Happy Hour 6:30 News	10:00 Grand Slam Noodle Ball 11:30 Cookout Lunch 1:30 Movie Matinee  Independence Day (US)	9:30 Neighborhoods/Fuel Up 5 9:45 Fitness 10:15 Puzzles 2:00 Scenic Drive 3:15 Lucille Ball Show 4:30 Fuel Up! 6:30 Homemaking	8:30 News& Weather 6 9:30 Fuel Up! 11:00 Morning Stretch 2:00 Noodle Ball 6:00 Evening Movie
8:30 Joel Osteen (channel 28) Basket Activities 2:00 Crozet United Methodist Church, morning sermon streamed on You Tube	9:30 Neighborhoods/ Fuel Up 8 11:00 ZUMBA 1:45 Jazz Music 1:45 Card Sort 3:15 Shark Dots 4:00 Indoor Walks 4:30 Fuel Up 6:30 Music & Dance National Shark Week	9:45 Neighborhoods/ Fuel Up 9 10:00 Chronicles & News 10:45 Yoga 12:30 Country Music 2:00 Lemonade Social w/ Bonnie 3:30 Nail Spa w/ Maria 6:30 What Am I?	9:30 Neighborhoods/Fuel up 10 9:45 Puzzles 10:45 Fitness 12:30 Room Visits 1:30 Art with Anne 3:00 Music: Steve B. Quartet 4:30 Happy Hour 6:30 News	9:45 Neighborhoods/Fuel up 11 10:00 Chronicles & News 10:45 Yoga 12:30 Gospel Music 1:45 Shark Art 3:00 Picture Bingo 3:45 Western Flick! 4:15 Fuel Up! 6:30 Who Am I?	10:15 Neighborhoods/Fuel Up 12 10:45 Fitness 2:00 Scenic Drive 4:00 Junk Drawer Detective 4:30 Fuel Up! 6:30 Homemaking	8:30 News & Weather 13 11:00 Inspiration 2:00 Comedy Hour 6:00 Evening Movie
8:30 Joel Osteen (channel 28) Basket Activities 2:00 Crozet United Methodist Church, morning sermon streamed on You Tube	9:30 Neighborhoods/ Fuel Up 15 11:00 ZUMBA 1:45 Jazz Music 2:00 Color Me Happy 3:00 Music: Eli Jessee 4:30 Fuel Up 6:30 Music & Dance	9:15 Neighborhoods/ Fuel Up 16 9:30 Baby Goat Visits! 10:45 Yoga 12:30 Country Music 2:00 Karaoke 3:00 Indoor Walks 4:00 Corn Hole 4:30 Fuel Up 6:30 What Am I?	9:40 Neighborhoods/Fuel up 17 10:00 Art with Ann 11:00 Fitness 12:30 Room Visits 2:00 Reminisce: Remembering the old, lone, phone line! 3:00 Music: Billy Brockman 4:30 Happy Hour 6:30 News	9:45 Neighborhood/ Fuel up 18 10:00 Chronicles & News 10:45 Yoga 12:30 Gospel Music 2:00 Sensory Trays w/ Nicole 3:15 Craft: Sun Visors 4:00 Fuel Up! 4:30 Indoor Walks 6:30 Who Am I?	10:15 Neighborhoods/Fuel Up 19 10:45 Fitness 2:00 Scenic Drive 3:15 Art: Water Colors 4:30 Fuel Up! 6:30 Homemaking	8:30 News Weather 20 11:00 Inspiration 2:00 6:00 Evening Movie
8:30 Joel Osteen (channel 28) Basket Activities 2:00 Crozet United Methodist Church, morning sermon streamed on You Tube	9:30 Neighborhoods/ Fuel Up 22 10:15 Back Rubs & Hand Massages 11:00 ZUMBA 1:45 Soothing Sounds 2:00 Karaoke 3:00 Music: Jazz Connection 4:15 Fuel Up	9:30 Neighborhoods/ Fuel Up 23 9:45 Chronicles & News 10:45 Yoga 12:30 Country Music 2:00 Number Bingo 2:45 Ribbon Dancing 3:30 Indoor Walks 4:15 Fuel Up! 6:30 What Am I?	9:45 Neighborhoods/Fuel up 24 10:15 Fitness 10:45 Bowling 12:30 Room Visits 2:00 Parachute 3:00 Music: Dan Layman 4:30 Happy Hour 6:30 News	9:45 Neighborhoods/Fuel up 25 10:00 Chronicles & News 10:45 Yoga 12:30 Baby Animal Video 2:00 Ring Toss 2:45 Music & Dance 3:30 Card Match 4:15 Fuel Up, & Fold Up the Day 6:30 Who Am I?	9:30 Neighborhoods/Fuel Up 26 9:45 Chronicles & News 10:15 Finishing Lines 10:45 Balloon Volley Ball 12:30 Olympics Opening Ceremony 2:00 Scenic Drive 3:15 Olympic Highlights 4:30 Fuel Up!	8:30 News & Weather 27 11:00 Inspiration 2:00 Comedy Hour 6:00 Evening Movie
8:30 Joel Osteen (channel 28) Basket Activities 2:00 Crozet United Methodist Church, morning sermon streamed on You Tube	9:30 Neighborhoods/ Fuel Up 29 11:00 ZUMBA 1:45 Jazz Music 2:00 Color Me Happy 3:00 Create Cards 4:00 Indoor Walks 4:30 Fuel Up 6:30 Music & Dance	9:45 Neighborhoods/ Fuel Up 30 10:00 Chronicles & News 10:45 Yoga 12:30 Country Music 1:45 Craft: Wind Chimes 3:00 Music: The Jay Urgo Duo 4:15 Fuel Up! 6:30 What Am I?	9:40 Neighborhoods/Fuel up 31 10:00 Art with Anne 11:00 Reminisce: Summer Days at the pool. 12:30 Room Visits 2:30 Wading Pool/ Beach Music 3:00 Duck Game 3:30 Popsicles 4:30 Happy Hour 6:30 News 	Seasons Life Enrichment Guide July 2024		