

# The Lodge at Old Trail at a Glance

# The Ridges

### The Ridges offers:

- 63 apartments for those seeking a more independent lifestyle
- One and two bedroom floor plans
- Full kitchens with granite countertops
- Balconies or patios
- Carpeting, window coverings and ceiling fans
- Nine and ten foot ceilings

### The Ridges program includes:

- "Your Choice" monthly dining allowance with a variety of dining venues
- Electric and water utilities
- Discounted telephone, internet and cable services
- Social, cultural, activity and fitness programs
- Weekly housekeeping services
- Weekly linen services
- Scheduled transportation
- Indoor garage parking
- 24 hour concierge service

## The Piedmont Assisted Living

### The Piedmont Assisted Living offers:

- 44 private residences for assisted living
- Large one and two bedroom floor plans
- Private studios also available
- Carpeting and window coverings
- Nine foot ceilings
- Tea kitchens in each residence

### The Piedmont program includes:

- Personal Care Assistance with the activities of daily living
- Medication management
- Three meals a day plus snacks
- Life enrichment programming to promote physical, social, intellectual, and spiritual well being
- Housekeeping
- Laundry services
- Scheduled transportation
- 24 hour concierge service
- Short-term respite stays as available

# The Seasons Specialized Memory Care

### The Seasons provides:

- 16 private memory care studio rooms in a safe, secured residential environment
- Specialized design for an optimal environment for those with memory loss
- Full, private bathrooms with each studio
- Open neighborhood concept plan with outdoor garden access and mountain views

## The Seasons program provides:

- Personal Care Assistance with the activities of daily living
- Medication management
- Three meals a day plus snacks
- 24 hour a day life enrichment programming to promote physical, social, intellectual, and spiritual well being
- Housekeeping
- Laundry services
- Scheduled transportation