March 2017

Piedmont Life Enrichment Guide

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **9:45 Morning Fitness & Snack-2nd** **10:00 Alzheimer's Caregiver Support Meeting -1st PDR** 10:30 Devotions-2nd ***2:30 Ash Wednesday Service-3rd fl. GDR*** **3:00 Pet Therapy Visit: Mr. Magee and Sally: IR**	**2** **9:45 Morning Fitness & Snack-2nd** 10:30 Pictionary-2nd *2:00 Catholic Communion-1st PDR* 2:00 Crosswords with Christine-2nd **3:30 Music! Katherine Shaver Band-1st**	**3** 9:45 Snack **10:00 Tennis with Coach Cubby -2nd** 11:00 News/Chronicles-2nd 2:00 One on Ones IR 3:30 Afternoon Matinee featuring "Walk the Line"-2nd	**4** 10:00 Trivia Time & Snack-3rd 3:00 Bingo 3rd
5 10:15 News Currents-2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: **"The Help"**	**6** 10:00 Morning Fitness & Snack-2nd 10:45 Healthy Minds-3rd **12:30 Library Bookmobile- Parking Lot** **2pm Shopping Peddler's Cart-3rd** **3:30 Music! Kim & Jimbo-1st Fl.**	**7** 9:45 Morning Fitness & Snack -2nd 10:30 Cranium Crunches-3rd **2:00 Yoga -3rd** *3:15 Crossword Puzzle* 4:30 Bingo-3rd	**8** **9:30 Dazzling Nails with Carol and Joyce & Snack-2nd** 11:00 News Chronicles-2nd 2:00 Flower Arranging-3rd 3:15 Walks **4:30 Western Albemarle High School Musical! -1st Fl. RDR *(Once Upon a Mattress)***	**9** 9:45 Morning Fitness & Snack-2nd 10:30 Erma Bombeck "if Life is a Bowl of Cherries…" -3rd 2:00 Word Mining with Christine-2nd **3:00 Music! Martha & Me: 1st Fl. RDR** 4:30 Walks	**10** 9:45 Snack **10:00 Tennis with Coach Cubby 2nd** 11:00 News/Chronicles-2nd **2:00 Load Bus** **2:15 Outing- Harris Teeter** 3:30 Comedy Hour! **7:00 Music! Ken Ellis, Student Showcase-1st Fl.**	**11** 10:00 Trivia Time & Snack-3rd 3:00 Bingo 3rd
12 10:15 News Currents-2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: **"Little Women"** Purim Daylight Saving Time Begins	**13** 10:00 Morning Fitness & Snack-2nd 10:45 Healthy Minds-3rd **2pm Shopping Peddler's Cart-3rd** 3:00 Small Group- UNO 4:30 Walks	**14** 9:45 Morning Fitness & Snack -2nd 10:30 Cranium Crunches-3rd **2:00 Yoga -3rd** ***3:30 Intergenerational Art Class. Seniors helping Toddlers!*** 4:30 Bingo-3rd 	**15** 9:45 Morning Fitness & Snack- 2nd 10:30 Hang Man-2nd 2:00 One on Ones-IR 3:15- Devotions-2nd 4:15 Indoor Walks-1st	**16** 9:45 Morning Fitness & Snack-2nd 10:30 Spring Quotes 2:00 Crosswords with Christine-2nd 3:30 Music Reminisce-1st *4:00 Catholic Communion-1st PDR* 4:30 Walks	**17** 9:45 Snack **10:00 Tennis with Coach Cubby -2nd** 11:00 News/Chronicles-2nd **2:00 St. Patrick's Day Social-2nd** *3:30 Book Author Helen Williamson: Irish Folklore* St. Patrick's Day 	**18** 10:00 Trivia Time & Snack-3rd 3:00 Bingo-3rd
19 10:15 News Currents-2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: **"Nine Lives"**	**20** 10:00 Morning Fitness & Snack-2nd 10:45 Healthy Minds-3rd **12:30 Library Bookmobile- Parking Lot** **2pm Shopping Peddler's Cart-3rd** 3:00 Word Searches 4:30 Bowling with Andrew	**21** 9:45 Morning Fitness & Snack -2nd *10:30 Resident Association Meeting-3rd floor dining room* **2:00 Yoga -3rd** *3:15 Chocolate Lovers Unite* 4:30 Bingo-3rd	**22** 9:45 Morning Fitness & Snack- 2nd 10:30 Sing-A-Long-2nd 2:00 One on Ones-IR 3:15- Devotions-2nd 4:15 Indoor Walks-1st	**23** 9:45 Morning Fitness & Snack-2nd 10:30 Celebrity Spotlight-3rd 10:30 Food Committee Meeting Members Only. GDR *2:00 Catholic Communion-1st* 2:00 Word Mining with Christine-2nd 3:15 National Potato Chip Taste Test-2nd 4:30 Walks-1st	**24** 9:45 Snack **10:00 Tennis with Coach Cubby -2nd** **10:45 Load Van** **11:00 Lunch Outing: Panera Bread** 2:00 Color Me Calm 3:30 Movie Matinee: "The Princess Bride"-2nd	**25** 10:00 Trivia Time & Snack-3rd **3:00 Music: Jay Daniels-1st floor**
26 10:15 News Currents-2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: **"Bringing up Baby"**	**27** 10:00 Morning Fitness & Snack-2nd 10:45 Healthy Minds-3rd **2pm Shopping Peddler's Cart-3rd** 3:00 "Would You Rather?" Game 4:30 Noodle Ball with Andrew	**28** 9:45 Morning Fitness & Snack -2nd 10:30 Cranium Crunches-3rd **2:00 Yoga -3rd** ***2:45 Load Van*** ***3:00 Scenic Drive*** 4:30 Bingo-3rd	**29** 9:45 Morning Fitness & Snack- 2nd 10:30 Color Me Calm -2nd 12:00 Birthday Cake! 2:00 One on Ones-IR 3:15- Devotions-2nd 4:15 Indoor Walks-1st 	**30** 9:45 Morning Fitness & Snack-2nd 10:30 Jeopardy! 2:00 Crosswords with Christine-2nd **3:00 Nursing Homes Swing Presents: Noriko Donahue & Rick Larue. Piano & Violin**	**31** 9:45 Snack **10:00 Tennis with Coach Cubby -2nd** 11:00 News/Chronicles-2nd 2:00 Walks **3:00 Music: Presenting Greg Brown from C'ville Music & Arts. The Classical & Spanish Guitar. -L**	