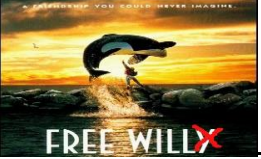







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>“Kindness is like snow- It beautifies everything it covers.” -Kahlil Gibran</p>	<p>10:00 Discussion: Record Your New Year’s Resolutions-2nd 2:30 Noodle Ball 3:30 Movie: “Free Willy”</p> 	<p>9:45 Morning Fitness & Snack -2nd 10:15 Reminisce with Carol-2nd 2:00 Yoga -3rd 3:00 Un-decorate AL 4:30 Bingo-3rd</p>	<p>9:45 Morning Fitness & Snack- 2nd 10:30 Horse Racing-2nd 2:00 Pet Therapy with Mr. McGhee and Sally 3:00 Un-decorate AL</p> 	<p>9:45 Morning Fitness & Snack-2nd 10:30 Word Mining-2nd. 2:00 Catholic Communion-1st. 3:00 Music: Frets Halligan-L 4:30 Un-Decorate</p>	<p>9:45 Snack-2nd 10:00 Tennis with Coach Cubby -2nd 11 Lunch Outing-Cracker Barrel 2:30 Walks 3:30 Noodle Ball 4:15 Comedy Hour</p>	<p>10:00 Trivia Time & Snack-3rd 3:00 Bingo 3rd</p>	
<p>10:00 Guidepost and Snack 2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: “Documentary: Born in China” Follow the lives of a panda family, golden monkey and white leopard.</p>	<p>9:45 Morning Fitness & Snack 2nd 10:30 Healthy Minds-3rd 1:30 Shop Peddlers Cart-IR 3:00 Life Conversations with Edna-2nd 4:00 Walks-1st</p>	<p>9:45 Morning Fitness & Snack -2nd 10:30 Cranium Crunches-3rd. 2:00 Yoga -3rd 3:15 Sing-A-Long-3rd 4:30 Bingo-3rd</p>	<p>9:30-11:30 Dazzling Nails By Carol & Friends-2nd Fl. 10:30 Snack 2:00 Devotions-2nd 3:00 In the Kitchen- Pineapple Upside Down Cake 4:30 UNO -2nd 7:00 Music: Sax Quartet-1st</p> 	<p>9:45 Morning Fitness & Snack-2nd 10:30 Wheel of Fortune-2nd. 2:00 Crosswords-2nd 3:15 Pod Cast 2nd 4:30 Walks-L</p>	<p>9:45 Snack-2nd 10:00 Tennis with Coach Cubby -2nd 11:00 News/Chronicles-2nd 2:00 Walks 3:00 Movie Matinee: “Working Girl”</p>	<p>10:00 Trivia Time & Snack-3rd 3:00 Bingo 3rd</p>	
<p>10:00 Guidepost and Snack 2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: “Lawrence of Arabia”</p>	<p>9:45 Morning Fitness & Snack 2nd 10:30 Pet Therapy with Heather 1:30 Shop Peddlers Cart-IR 2:30 Walks 3:30 Music- Kim and Jimbo-1st</p> <p>Martin Luther King Day</p>	<p>9:45 Morning Fitness & Snack -2nd 10:30 Fact or Crap-2nd. 2:00 Yoga -3rd 3:00 ‘S no fun without cocoa-3rd. 4:30 Bingo-3rd</p>	<p>9:45 Morning Fitness & Snack- 2nd 10:30 Hymn Sing 2:00 Devotions -2nd 2:30 Hearing at Home w/ Jimmy 3:30 In the Kitchen: Biscuits & Apple Butter 4:30 Noodle Ball-2nd</p>	<p>9:45 Morning Fitness & Snack-2nd 10:30 Arts & Crafts -2nd 2:00 Crosswords-2nd 3:15 Music Reminisce-1st 4:00 Catholic Communion-1 4:30 Walks-L Happy Birthday John Travolta!</p> 	<p>9:45 Snack-2nd 10:00 Tennis with Coach Cubby -2nd 11:00 News/Chronicles-2nd 1:30 Scenic Drive 4:30 Music: Western Albemarle National Honor Society-1st</p>	<p>10:00 Trivia Time & Snack-3rd 3:00 Bingo 3rd</p>	
<p>10:00 Guidepost and Snack 2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: “Runaway Bride”</p>	<p>9:45 Morning Fitness & Snack 2nd 10:30 Healthy Minds-3rd 1:30 Shop Peddlers Cart-IR 3:30 Music: Jim Lilly & Sunnyside Band-1st 4:30 Walks-1st</p>	<p>9:30 Shopping Outing: small Wal*Mart. 2:00 Yoga -3rd 3:00 Broadway Musicals-3rd. 4:30 Bingo-3rd</p>	<p>9:45 Morning Fitness & Snack- 2nd 10:30 Hymn Sing 2:00 Devotions -2nd 2:00 Birthday Cake 3:30 In the Kitchen: Rice Krispy Treats 4:45 Walks</p> 	<p>9:45 Morning Fitness & Snack 2nd 10:30” Fact or Crap” -2nd 2:00 Catholic Communion-1 2:00 Crosswords-2nd 3:15 Armchair Travel-3rd. 4:30 Walks-L 7 :00 Music: Violin with Christopher Price-1st</p>	<p>9:45 Snack-2nd 10:00 Tennis with Coach Cubby -2nd 11:00 News/Chronicles-2nd 2:00 Walks 3:30 Australia Day</p> 	<p>10:00 Trivia Time & Snack-3rd 3:00 Bingo 3rd</p>	
<p>10:00 Guidepost and Snack 2nd 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema: “Loving”</p>	<p>9:45 Morning Fitness & Snack 2nd 10:30 Healthy Minds-3rd 1:30 Shop Peddlers Cart-IR 3:00 Life Conversations with Edna-2nd 4:00 Walks-1st</p>	<p>9:45 Morning Fitness & Snack -2nd 10:30 Cranium Crunches-3rd. 2:00 Yoga -3rd 3:00 Celebrity Spotlight-3rd. 4:30 Bingo-3rd</p>	<p>9:45 Morning Fitness & Snack- 2nd 10:30 Hymn Sing 2:00 Devotions -2nd 3:30 In the Kitchen: Chex Mix 4:30 Walks</p> <p>To B'Shevat</p>	<p>January 2018 Piedmont, Assisted Living, Life Enrichment Guide</p>			