


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>“Kindness is like snow- It beautifies everything it covers.” -Kahlil Gibran</p>	<p>8:30 News & Weather 1 11:00 New Year's Resolutions Record on the Board! 1:30 Finishing Lines! 3:00 Comedy Hour: “The Three Stooges”</p> <p>New Year's Day</p>	<p>8:30 News and Weather 2 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Name 5 Game 1:00 Rest & Relaxation 2:00 Walks 3:00 Movie: “Free Willy”</p> 	<p>8:30 News and Weather 3 10:00 Chronicles and Snack 10:30 Fitness -walk the block 11:00 Choir 1:00 Rest & Relaxation 2:00 Pet Therapy-Mr. Magee 2:00 Un-Decorating 3:30 Horse Racing 4:30 Walks(H&W)</p> 	<p>8:30 News & Weather 4 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Bean Bag Toss 1:00 Rest & Relaxation 2:00 Yoga 3:00 Music: Frets Halligan-L 4:15 Walks</p>	<p>8:30 News & Weather 5 10:00 Chronicles &Snack 10 :30 One on One Visits, Hand Massages 11:00 Tennis with Cubby 1:00 Rest & Relaxation 2:00 Bananagrams 3:00 Sing-a-Long 4:00 Walks</p>	<p>9:00 News and Weather 6 11:00 Finishing Lines 1:30 Rest & Relaxation 2:00 Poetry 6:00 Evening Movie</p>	
<p>8:30 Joel Osteen Channel #28 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 8 10:00 Chronicles & Snack 10:30 Fitness & walk t/ block 11:00 Devotions 1:00 Rest & Relaxation 2:00 Family Feud 4:30 Walks(H&W)</p>	<p>8:30 News and Weather 9 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Snowball Game 1:00 Rest & Relaxation 2:00 Domino's 3:30 Small Group: Reminisce 4:30 Walks(H&W)</p>	<p>8:30 News and Weather 10 10:00 Chronicles and Snack 10:30 Fitness -walk the block 11:00 Choir 1:00 Rest & Relaxation 2:00 In the Kitchen: Pineapple Upside Down Cake 4:30 Walks(H&W) 7:00 Music: Sax Quartet</p>	<p>8:30 News & Weather 11 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Parachute 1:00 Rest & Relaxation 2:00 Yoga 3:15 Wine & Cheese Social</p>	<p>8:30 News & Weather 12 9:30 Outing: Scenic Drive w/CNA 10:00 One/ One Visits w/ Snack 11:00 Tennis with Cubby 1:00 Rest & Relaxation 2:00 Hot Chocolate Social 3:00 Walks 4:00 Comedy Hour</p>	<p>9:00 News and Weather 13 11:00 Noodle Ball 1:30 Rest & Relaxation 2:00 Hand Massages 6:00 Evening Movie</p>	
<p>8:30 Joel Osteen Channel #28 14 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 15 10:00 Chronicles & Snack 10:30 Fitness & walk t/ block 11:00 10:30 Pet Therapy with Heather 1:00 Rest & Relaxation 2:00 Smoothies & Jokes 3:30 Music: Kim and Jimbo- 4:30 Walks(H&W)</p> <p>Martin Luther King Day</p>	<p>8:30 News and Weather 16 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Lunch Outing: Whistle Stop Cafe 1:00 Rest & Relaxation 2:00 Musical Manicures 3:15 Aromatherapy 4:30 Walks(H&W)</p>	<p>8:30 News and Weather 17 10:00 Chronicles and Snack 10:30 Fitness -walk the block 11:00 Choir 1:00 Rest & Relaxation 2:00 TRAY PLAY! 3:00 In the Kitchen: Biscuits & Apple Butter 4:30 Walks(H&W)</p>	<p>8:30 News & Weather 18 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Pictionary 1:00 Rest & Relaxation 2:00 Yoga 3:15 Music with Monica 4:30 Catholic Comm. <i>Happy Birthday John Travolta!</i></p> 	<p>8:30 News & Weather 19 9:30 Outing: Scenic Drive w/CNA 10:00 One / One Visits w/ Snack 11:00 Tennis with Cubby 1:00 Rest & Relaxation 2:00 Walks 4:30 Music: Western Albemarle National Honor</p>	<p>9:00 News and Weather 20 11:00 Ball Toss 1:30 Rest & Relaxation 2:00 Hot Tea 6:00 Evening Movie</p>	
<p>8:30 Joel Osteen Channel #28 21 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 22 10:00 Chronicles & Snack 10:30 Fitness & walk t/ block 11:00 Devotions 1:00 Rest & Relaxation 2:00 Riddles & Refreshments 3:30 Music: Jim Lilly and the Sunnyside Band- 1st 4:30 Walks(H&W)</p>	<p>8:30 News and Weather 23 9:15 Chronicles and snack 9:30 Meal Prep! Featuring: Chili and Cornbread Homemade Lunch 1:00 Rest & Relaxation 2:00 Crafter's Corner: Snowflakes 4:00 Walks(H&W)</p> 	<p>8:30 News and Weather 24 10:00 Chronicles and Snack 10:30 Fitness -walk the block 11:00 Choir Birthday Cake 1:00 Rest & Relaxation 2:00 In the Kitchen: Rice Krispy Treats! 4:30 Walks(H&W)</p> 	<p>8:30 News & Weather 25 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Spelling Bee 1:00 Rest & Relaxation 2:00 Yoga 2:30 Catholic Communion 3:15 Name That Tune 4:15 Walks 7:00 Music: Christopher Price</p>	<p>8:30 News & Weather 26 9:30 Outing: Scenic Drive w/ CNA 10:00 One/ One Visits w/ snack 11:00 Tennis with Cubby 1:00 Rest & Relaxation 2:00 Australia Day 3:30 Walks</p>  <p>Australia Day</p>	<p>9:00 News and Weather 27 11:00 Color Me Calm 1:30 Rest & Relaxation 2:00 Bean Bag Toss 6:00 Evening Movie</p>	
<p>8:30 Joel Osteen Channel #28 28 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 29 10:00 Chronicles & Snack 10:30 Fitness & walk t/ block 11:00 Devotions 1:00 Rest & Relaxation 2:00 Hot Potato 3:15 Color Bingo 4:30 Walks(H&W)</p>	<p>8:30 News and Weather 30 9:45 Chronicles and Snack 10:30 Fitness- walk the block 11:00 Puzzles 1:00 Rest & Relaxation 2:00 Outing: Shop Dollar General 4:30 Walks(H&W)</p>	<p>8:30 News and Weather 31 10:00 Chronicles and Snack 10:30 Fitness -walk the block 11:00 Choir 1:00 Rest & Relaxation 2:00 In the Kitchen: Chex Mix 4:30 Walks(H&W)</p> <p>To B'Shevat</p>	 <h1>January 2018</h1> <h2>Seasons Life Enrichment Guide</h2>			