

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Ridges, Independent Living, Life Enrichment Guide



2 Saturday Matinee
"It's a Wonderful Life" 1

2:30-3:30 Sunday Worship Service-GDR 2
6:30 Holiday Music: Jubilate-L

9 Advanced Energy -HCR 3
10 Stay fit Exercise- HCR
11 Lodge Family Singers-L
12:30-1:00 Library bee PL
1 Walks-L
1 Bridge
4 Holiday Music-Kim & Jimbo-L


First Day of Hanukkah

9 Advanced Energy Exercise- 4
10 Stay fit Exercise- HCR
1 Walks-L
1:30 Bible Study, Apt #343
2 Games-C
6:45 Private Event: Shop Crozet Artisan's Depot, refreshments provided for lodge residents only

9 Advanced Energy Exercise- 5
10 Stay fit Exercise- HCR
1 Walking Group-L
1 Bridge
2 Games-C
2 Loop- Crozet


9 Advanced Energy Ex- HCR 6
10 Stay fit Exercise- HCR
1-5 Holiday Bazaar-L
1 Walking Group-L
2 Communion-PDR
3 Knitting Grp


9 Advanced Energy Exercise- 7
HCR
10 Stay fit Exercise- HCR
1 Walking Group-L
1 Mah Jong
3 Music- Me and Martha-L

3pm Army vs. Navy Game 8
HCR


2:30-3:30 Sunday Worship Service-GDR 9
2:30 Outing: Municipal Band Holiday Concert (Admission is a canned food item for emergency food bank)

9 Advanced Energy -HCR 10
10 Stay fit Exercise- HCR
11 Lodge Family Singers-L
1 Walks-L
1 Bridge
4 Professor & UVa. Engineer John Lach Presentation: Technology & Aging


9 Advanced Energy Exercise HCR. 11
10 Stay fit Exercise- HCR
10:15 Outing-Christmas Shopping in Short Pump
1:30 Bible Study, Apt #343
1 Walks-L
2 Games-C


9 Advanced Energy Exercise- 12
10 Stay fit Exercise- HCR
11 Hillsboro Pre-Schoolers Sing Holiday Songs!
1 Walking Group-L
1 Bridge
2 Loop- Waynesboro
5 Mass HCR
7 Hand Bell Choir-L


9 Advanced Energy Exercise- 13
HCR
10 Stay fit Exercise- HCR
1 Walking Group-L
1:30 Ginger Bread Houses-C
3:30 Music: Kimball Swanson-L


9 Advanced Energy Exercise- 14
9:30 Outing: Gearhart's Chocolate & Lunch at The Shebeen
10 Stay fit Exercise- HCR
1 Walking Group-L
1 Mah Jong
3 Music: Greg Brown-L Possible neighborhood carolers


1:30 Artist in Action Music!-L 15
6:30 Outing-Virginia Oratorio Society Performance at the Paramount

2:30-3:30 Sunday Worship Service-GDR 16


9 Advanced Energy -HCR 17
10 Stay fit Exercise- HCR
11 Lodge Family Singers-L
12:30-1:00 Library Bookmobile
1 Bridge
1 Walks-L
3:30 Music- The Lodge Family Singers-L
4:30 Crazy Holiday Sweater Happy HR.-Pub

9 Advanced Energy Ex. HCR 18
10 Stay fit Exercise- HCR
1 Walks-L
1:30 Bible Study, Apt #343
2 Games-C
6:45 Christmas Light Tour


9 Advanced Energy Exercise- 19
10 Stay fit Exercise- HCR
1 Walking Group-L
1 Bridge
2 Games-C
2 Loop- Charlottesville
2:30 Hearing Aid Checks 2nd Floor near nurses Station
3 Music-James Currey-L


9 Advanced Energy Exercise- 20
HCR
10 Stay fit Exercise- HCR
1 Walking Group-L
4 Catholic Communion-PDR
3 Knitting Grp-back of Lobby
Holiday Party


9 Advanced Energy Exercise- 21
HCR
10 Stay fit Exercise- HCR
1 Walking Group-L
1 Mah Jong
1:30 Outing: Charlottesville Ballet: The Nut Cracker, (tickets were previously sold)
Winter Begins

2:30 Holiday Music with Bob Clouse-L 22

2:30-3:30 Sunday Worship Service-GDR 23

11 Lodge Family Singers-L 24
1 Walks-L
1 Bridge


25

Christmas Day


1 Walking Group-L 26
1 Bridge
2 Games-C
2 Loop- Crozet
Kwanzaa Begins

9 Advanced Energy Exercise- 27
HCR
10 Stay fit Exercise- HCR
1 Walking Group-L
2 Catholic Communion-PDR
3 Knitting Grp-back of Lobby
7 Music- Euans Piano Studio-L

9 Advanced Energy Exercise- 28
HCR
10 Stay fit Exercise- HCR
1 Walking Group-L
1 Mah Jong
5 Daring Diner's Mellow Mushroom On UVa's Corner
(The students are out of town!)

2 Saturday Matinee "White Christmas" 29

2:30-3:30 Sunday Worship Service-GDR 30

9 Advanced Energy Exercise- 31
HCR
10 Stay fit Exercise- HCR
10-2 New Year's Eve Brunch Cool Lane Jazz Music 10:30-1:30


Remember this December, that love weighs more than gold. Josephine Dodge Daskam Bacon

