

Sunday

Monday

Tuesday

Wednesday





Thursday

Friday

Saturday

January 2019
Piedmont, Assisted Living,
Life Enrichment Guide



<p>10:00 News Currents and Snack-2nd. 6 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "Mowgli- Legend of the Jungle"</p>	<p>9:45 Morning Fitness & Snack 2nd 7 10:30 Brain Games-3rd 12:30-1pm Bookmobile-PL 2:00 Peddler's Cart 3:15 Word Mining -2nd 4:30 Walks-L</p>	<p>9:45 Morning Fitness & Snack -2nd 8 10:30 Cranium Crunches 2nd 1:30 One on Ones-IR 2:30 -Country Music Sing-a-long-2nd 3:30 Walks-meet in lobby 4:15 Bingo-3rd</p>	<p>9:45 Morning Fitness and Snack 2 10:30 Brain Games -3rd 2:00 Pet therapy with Sally and Mr. MaGhee-IR 3:00 Un-Decorating</p>	<p>9:45 Morning Fitness & Snack-2nd 3 10:30 Word Mining-2nd. 2:00 Catholic Communion-1st 3:00 Un-Decorating</p>	<p>10:00 Morning Fitness & Snack-2nd 4 11:00 News/Chronicles-2nd 2:00 Random Trivia-3rd 3:00 Un-Decorating</p> <p style="text-align: center;">Trivia Day!</p>	<p>10:00 Trivia Time & Snack-3rd 5 3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2nd. 13 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "A Question of Faith"</p>	<p>9:45 Morning Fitness & Snack 2nd 14 10:30 Brain Games-3rd 2:00 Hymn Sing 2nd 3:30 Walks-L</p>	<p>9:45 Morning Fitness & Snack -2nd 10:30 Cranium Crunches 2nd 2:00 Yoga -3rd, Living Room 3:00 Weird Foods-2nd. 3:45 Walks-meet in Lobby 4:15 Bingo-3rd.</p>	<p>9:45 Morning Fitness and Snack 2nd 16 11 Music Crozet Crooners-L 2:30 Hearing Aid Checks 2nd Floor near nurses Station 3:15 Walks- L</p>	<p>9:45 Morning Fitness & Snack-2nd 17 10:30 Word Mining -2nd. 2:00 Crosswords-2nd. 3:15 Celebrity Spotlight-2nd 4:00 Catholic Communion-1st. 4:30 Walks-meet in lobby</p>	<p>10:00 Morning Fitness & Snack - 2nd 18 11:00 News/Chronicles- 2nd 2 Music-Jay Daniels-L 3:30 Outing: HarrisTeeter</p>	<p>10:00 Trivia Time & Snack-3rd 19 3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2nd. 20 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "Message in a Bottle" FYI: Total Lunar Eclipse Tonight Begins at 9:31pm Total at 12:12 am</p> 	<p>9:30- 11 Lazuli Room-2nd 12:30-1pm Bookmobile-PL 2:30 Comedy Hour 4:00 Walks-L</p>  <p style="text-align: center;">Tu B'Shevat</p>	<p>9:45 Morning Fitness & Snack -2nd 22 10:30 Cranium Crunches 2nd 2:00 Yoga -3rd, Living Room 3 Music-Carol Carr 4:15 Bingo-3rd.</p>	<p>10:00 Outing: Shop Dollar General 23 2:00 Resident Council Meeting- 3rd floor dining room 3:30 Zumba with New Century Hospice-3rd Floor 5:00 Mass-HCR</p>	<p>9:45 Morning Fitness & Snack-2nd 24 10:30 What's My Line? -2nd. 2:30 Winter Social with New Century. 4:30 Walks-meet in lobby</p> 	<p>10:00 Morning Fitness & Snack-2nd 25 11:00 News/Chronicles-2nd 2:00 Uno 2nd 3 Music-Jim Howe Quartet 4:00 Walks - 1st</p>	<p>10:00 Trivia Time & Snack-3rd 26 3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2nd. 27 2-2:30 Music: Terra Voce Flute and Cello-L 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "Sommersby"</p>	<p>9:45 Morning Fitness & Snack 2nd 28 10:30 Crafter's Corner-2nd 2:00-Family Feud 2nd 3:30 Walks-L</p> <p style="text-align: center;">Australia Day (observed)</p>	<p>9:30 Outing: The Cheese Shop 29 2:00 Yoga -3rd, Living Room 3:00 Walks 4:15 Bingo</p>	<p>12 Birthday Cake 30 2:00 Uno-2nd 2:30 Hearing Aid Checks-2nd 3:00 Devotions-2nd 4:15 Walks -L</p> 	<p>9:45 Morning Fitness & Snack-2nd 31 10:30 Twenty Questions -2nd. 2:00 Crosswords-2nd. 3:15 Armchair Travel -2nd 4:30 Walks-meet in lobby</p>	<p>"People don't generally notice whether it's winter or summer when they're happy" -Anton Chekhov</p>	