

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Season's Memory Care Life Enrichment Guide

<p>8:30 Joel Osteen Channel #28 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 10:45 Recipe Reminisce 2:00 In The Kitchen: Rolo Ritz Cookies 3:00 Hydration Station 4:30 Walks(H&W) 7 Poetry Reading</p>	<p>8:30 News and Weather 10:00 Rose Bowl Parade 11:00 Fitness 2:00 New Year's Resolutions and Hopes 3:00 Movie Matinee</p> <p>HAPPY NEW YEAR</p>	<p>8:30 News & Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 11:00 Noodle Ball 2:00 Pet Therapy with Mr. McGhee 3:15 Activities Un-Decorating 4:30 Walks(H&W)</p>	<p>8:30 News & Weather 9:45 Walk & Fitness 10:30 Chronicles, Snack 11:00 Jokes and Riddles 1:30 One on One Visits 2:00 Yoga 3:00 Activities Un-Decorating 3:00 Hydration Station-H&W 7:30 Music with Mrs. King</p>	<p>8:30 News & Weather 9:30 Scenic Drive w/ CNA 10:00 Chronicles, Snack 10:30 Morning Exercise 11:00 News Currents 2:00 Hydration Station 3:30 Activities Un-Decorating 4:30 Walks(H&W) 7 Balloon Toss</p>	<p>9:00 News and Weather 11:00 Hot Potato 2:15 Poetry Readings 6:00 Evening Movie</p>
<p>8:30 Joel Osteen Channel #28 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 10:45 Recipe Reminisce 2:00 In The Kitchen: Rolo Ritz Cookies 3:00 Hydration Station 4:30 Walks(H&W) 7 Poetry Reading</p>	<p>8:30 News and Weather 9:30 Outing: Shop Dollar Tree 2:00 Babies Video 3:15 Hydration Station 4:30 Walks(H&W) 7 Manicures</p> 	<p>8:30 News and Weather 9:30 Dazzling Nails with Carol 10:00 Walk & Fitness 10:30 Chronicles, Snack 4:30 Walks (H&W) 7 Trivia</p> 	<p>8:30 News & Weather 9:45 Walk & Fitness 10:30 Chronicles, Snack 11:00 Sing A Long 1:30 One on One Visits 2:00 Yoga 3:15 Music with Monica 4:30 Walks (H&W) 7:30 Music with Mrs. King</p>	<p>8:30 News & Weather 9:30 Scenic Drive w/ CNA 10:00 Chronicles, Snack 10:30 Morning Exercise 11:00 Chicken Soup for the Soul 2:00 Babies Video 3:30 Hydration Station 4:30 Walks(H&W) 7 Balloon Toss</p>	<p>9:00 News and Weather 11:00 News Currents 2:15 Noodle Ball 6:00 Evening Movie</p>
<p>8:30 Joel Osteen Channel #28 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 10:45 Name 5 Game 2:00 Finishing Lines 3:00 Hydration Station 4:30 Walks(H&W) 7 Poetry Reading</p>	<p>8:30 News and Weather 10:00 Fitness & Walk 10:30 Chronicles, Snack 11:00 News Currents 2:00 Crafters Corner 3:15 Hydration Station 4:30 Walks(H&W) 7 Manicures</p>	<p>8:30 News and Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 11 Music Crozet Crooners-L 2:00 TRAY PLAY! 3:30 Hydration Station 4:30 Walks (H&W) 7 Trivia</p> 	<p>8:30 News & Weather 9:45 Walk & Fitness 10:30 Chronicles, Snack 11:00 Name That Tune 1:30 One on One Visits 2:00 Yoga 3:00 Ambient Puppies Video 3:30 Catholic Communion 7:30 Music with Mrs. King</p>	<p>8:30 News & Weather 9:30 Scenic Drive w/ CNA 10:00 Chronicles, Snack 10:30 Devotions 11:00 Sing A Long 2 Music-Jay Daniels-L 3:30 Hydration Station 4:30 Walks(H&W) 7 Balloon Toss</p>	<p>9:00 News and Weather 11:00 Color Me Calm 2:15 Ball Toss 6:00 Evening Movie</p>
<p>8:30 Joel Osteen Channel #28 11:00 Sunday Inspiration 12:30 Rest & Relaxation 1:15 Trivia Time 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>9:30 Lazuli Room-2nd 10:00 Walk & Fitness 10:30 Chronicles, Snack 11:00 Horse Racing Game 2:00 Martin Luther King Facts and Trivia 4:30 Walks(H&W)</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>8:30 News and Weather 10:00 Fitness & Walk 10:30 Lunch Outing: Cookout 2:00 Devotions 3 Music-Carol Carr 4:30 Walks(H&W) 7 Manicures</p> 	<p>8:30 News & Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 11:00 Hand Massages 2:00 In The Kitchen: Pancakes 3:30 Zumba with New Century Hospice-3rd Floor</p> 	<p>8:30 News & Weather 9:45 Walk & Fitness 10:30 Chronicles, Snack 11:00 Hymn Sing 1:30 One on One Visits 2:00 Yoga 3:15 Music with Monica 7:30 Music with Mrs. King</p>	<p>8:30 News & Weather 9:30 Scenic Drive w/ CNA 10:00 Chronicles, Snack 11:00 Resident Council Meeting 3 Music-Jim Howe Quartet 3:30 Hydration Station 4:30 Walks(H&W) 7 Balloon Toss</p>	<p>9:00 News and Weather 11:00 Noodle Ball 2:15 Hot Cocoa Social 6:00 Evening Movie</p> 
<p>8:30 Joel Osteen Channel #28 11:00 Sunday Inspiration 2-2:30 Music: Terra Voce Flute and Cello-L 2:30 Sunday Worship Service-GDR 6:00 Evening Movie</p>	<p>8:30 News and Weather 10:00 Chronicles, Snack 10:30 Fitness, Walk 11:00 Horse Racing Game 2:00 Noodle Ball 3:00 Hydration Station 4:30 Walks(H&W) 7 Poetry Reading</p> <p>Australia Day (observed)</p>	<p>8:30 News and Weather 10:00 Fitness & Walk 10:30 Chronicles, Snack 11:00 Hangman 2:00 Comedy Hour 4:30 Walks(H&W) 7 Manicures</p>	<p>8:30 News and Weather 10:00 Walk & Fitness 10:30 Chronicles, Snack 11:00 Finishing Lines 12:00 Birthday Cake! 2:00 In The Kitchen: English Muffin Pizzas 3:00 Movie Matinee 4:30 Walks(H&W) 7 Noodle Ball</p> 	<p>8:30 News & Weather 9:45 Walk & Fitness 10:30 Chronicles, Snack 11:00 Old Time Radio Program 1:30 One on One Visits 2:00 Yoga 3:00 Hydration Station 7:30 Music with Mrs. King</p>	<p>“People don’t generally notice whether it’s winter or summer when they’re happy” -Anton Chekhov</p>	