

Sunday

Monday

Tuesday

Wednesday

Thursday










Friday

Saturday

# February 2019

## Piedmont, Assisted Living, Life Enrichment Guide

**Ground Level-** HCR-Harris Community Room, **First Floor:** L- Lobby, HAM-Ham's Billiard Room R- Ridges Dining Room, P-Pub S-Seasons, LIB- Library, **Second Floor:** A--Afton Mountain Community Room, LR-Living Room, **Third Floor:** H-Haden's Farm Community Room, IR-In Room, GDR-Greenwood Dining Room

<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>3</b></p> <p>2:30-3:30 Sunday Worship Service-GDR</p> <p>7:00- Sunday Night Cinema Super Bowl Sunday</p> 	<p>9:45 Morning Fitness &amp; Snack 2<sup>nd</sup> <b>4</b></p> <p>10:30 Brain Games-3<sup>rd</sup></p> <p><b>12:30-1pm Bookmobile-PL</b></p> <p>2:00 Peddler's Cart</p> <p><b>3:00 The Lodge Family Singers: "Show Tunes"</b></p> <p>4:30 Walks-L</p>	<p>9:45 Morning Fitness &amp; Snack -2<sup>nd</sup> <b>5</b></p> <p>10:30 Cranium Crunches 2<sup>nd</sup></p> <p>1:30 One on Ones-IR</p> <p>2:00 - Yoga</p> <p>3:30 Walks-meet in lobby</p> <p>4:15 Bingo-3<sup>rd</sup></p>  <p>Chinese New Year</p>	<p>9:45 Morning Fitness and Snack <b>6</b></p> <p>10:30 Brain Games -3<sup>rd</sup></p> <p><b>2:00 Pet therapy with Sally and Mr. MaGhee-IR</b></p> <p><b>3:00 New, Singer Entertainer: Joe Pettis</b></p> <p>4:15 Walks-1st</p> 	<p>9:45 Morning Fitness &amp; Snack-2nd <b>7</b></p> <p>10:30 Crosswords-2<sup>nd</sup></p> <p>2:00 Catholic Communion-1<sup>st</sup></p> <p>2:30 Noodle Ball 2<sup>nd</sup></p> <p><b>5:30 Snowball Ball with the Western Alb. Boys wrestling Team. (residents only)</b></p> 	<p>10:00 Tennis with Cubby &amp; Snack-2<sup>nd</sup> <b>8</b></p> <p>11:00 News/Chronicles-2nd</p> <p><b>1:30 Shop Harris Teeter</b></p> <p>3:30 Carol Burnett Show- 2<sup>nd</sup></p>	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>9</b></p> <p>3:00 Bingo 3rd</p> <p style="text-align: right;"><small>Groundhog Day</small></p>
<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>10</b></p> <p>2:30-3:30 Sunday Worship Service-GDR</p> <p>7:00- Sunday Night Cinema "Lionheart"</p>	<p>9:45 Morning Fitness &amp; Snack <b>11</b></p> <p>10:30 Brain Games-3<sup>rd</sup></p> <p>2:00 Word Searches: On Your Own-2<sup>nd</sup>, glass rm. table</p> <p><b>3:15 Chili Throw Down</b></p> <p>4:30 Walks</p> 	<p>9:45 Morning Fitness &amp; Snack -2<sup>nd</sup> <b>12</b></p> <p>10:30 Word Mining- 2<sup>nd</sup></p> <p>2:00 – Yoga (Meet in living room)</p> <p>3:45 Walks-meet in lobby</p> <p>4:15 Bingo-3<sup>rd</sup></p>	<p><b>9:30 Dazzling Nails by Carol and Friends-2nd</b> <b>13</b></p> <p>2:00 Devotions -2nd</p> <p><b>3:00 Music: Lou Boden, Indian Flutes</b></p> <p>5:00 Mass-HCR</p> 	<p>9:45 Morning Fitness &amp; Snack-2nd <b>14</b></p> <p>10:30 Trivia Game -2<sup>nd</sup>.</p> <p>2:00 Word Mining-2<sup>nd</sup>.</p> <p><b>3:00 Music: Me and Martha-1st</b></p> <p>4:30 Walks-meet in lobby</p>  <p style="text-align: right;"><small>Valentine's Day</small></p>	<p>10:00 Tennis with Cubby &amp; Snack-2<sup>nd</sup> <b>15</b></p> <p><b>11:00 Outing-Lunch Mrs. Rowe's</b></p> <p>2:30 One on Ones-IR</p> <p><b>3:30 Music: Billy Brockman-1<sup>st</sup></b></p> <p>4:00 Walks – 1<sup>st</sup></p>	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>16</b></p> <p>3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>17</b></p> <p>2:30-3:30 Sunday Worship Service-GDR</p> <p>7:00- Sunday Night Cinema "The Switch"</p>	<p><b>9:30 -11 Lazuli Room- 2<sup>nd</sup></b> <b>18</b></p> <p><b>12:30-1pm Bookmobile-PL</b></p> <p>2:00 Peddler's Cart</p> <p>3:15 Word Mining -2nd</p> <p>4:30 Walks-L</p> <p style="text-align: right;"><small>Presidents' Day (US)</small></p>	<p><b>9:30 Outing: Shopping Small Wal*Mart</b> <b>19</b></p> <p>2:00 - Yoga</p> <p><b>3:00 Music: Bill Andrews on the Flat Top-1st</b></p> <p>4:15 Bingo-3<sup>rd</sup></p>	<p>9:45 Morning Fitness &amp; Snack <b>20</b></p> <p>10:30 Brain Games -3<sup>rd</sup></p> <p>2:30 Hearing Aid Checks-2nd</p> <p><b>3:00 Historian Mike Wingfield Presentation on Living in Central Virginia 1880-1911 1st</b></p> 	<p>9:45 Morning Fitness &amp; Snack-2nd <b>21</b></p> <p>10:30 Word Mining -2<sup>nd</sup>.</p> <p>2:00 Crosswords-2<sup>nd</sup>.</p> <p>3:15 Celebrity Spotlight-2<sup>nd</sup></p> <p><b>4:00 Catholic Communion-1<sup>st</sup></b>.</p> <p>4:30 Walks-meet in lobby</p>	<p>10:00 Tennis with Cubby &amp; Snack-2<sup>nd</sup> <b>22</b></p> <p>11:00 News/Chronicles-2nd</p> <p>2:00 One on Ones 2<sup>nd</sup></p> <p><b>3:00 Music: Greg Brown Spanish Guitar-1st</b></p> <p>4:15 Walks – 1<sup>st</sup></p>	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>23</b></p> <p><b>1:30 Music: John Wyant-1st</b></p>
<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>24</b></p> <p>2:30-3:30 Sunday Worship Service-GDR</p> <p>7:00- Sunday Night Cinema "The Theory of Everything"</p>	<p>9:45 Morning Fitness &amp; Snack 2<sup>nd</sup> <b>25</b></p> <p>10:30 Brain Games-3<sup>rd</sup></p> <p>2:00 Uno- 2<sup>nd</sup></p> <p><b>3:00 Music: Jim Lilly and Sunnyside Band</b></p>	<p>9:45 Morning Fitness &amp; Snack -2<sup>nd</sup> <b>26</b></p> <p>10:30 Cranium Crunches 2<sup>nd</sup></p> <p>1:30 One on Ones-IR</p> <p><b>2:00 – Music: Charlie McIntire-2nd</b></p> <p>3:30 Walks-meet in lobby</p> <p>4:15 Bingo-3<sup>rd</sup></p>	<p><b>9:30 Shop-Dollar Tree</b> <b>27</b></p> <p>12:00 Birthday Cake</p> <p>2:00 One on Ones-IR</p> <p>3:00 Volley Ball-2nd</p> <p>4:00 Back Porch Stories-2nd</p> <p>5:00 Mass-HCR</p> 	<p>9:45 Morning Fitness &amp; Snack-2nd <b>28</b></p> <p>10:30 Wheel of Fortune -2<sup>nd</sup>.</p> <p>2:00 Crosswords-2<sup>nd</sup>.</p> <p><b>3:15 Music Reminisce-1<sup>st</sup></b>.</p> <p>4:30 Walks-meet in lobby</p>	<p style="text-align: center;"><b>"Love is the greatest refreshment in life"</b></p> <p style="text-align: center;"><b>-Pablo Picasso</b></p> 