

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

## Season's Memory Care : Life Enrichment Guide



8:30 Joel Osteen Channel #28  
 11:00 Sunday Inspiration  
 12:30 Rest & Relaxation  
 1:15 Trivia Time  
**2:30 Sunday Worship Service-GDR**  
**6:30 Super Bowl Sunday Game!!**

8:30 News and Weather  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
 11:00 Creative Writing  
 2:00 One on One Visits  
**3:00 The Lodge Family Singers: "Show Tunes"**  
 4:30 Walks(H&W)  
 7 Manicures

8:30 News and Weather  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
**11:00 Emilie get Chinese Take Out for Lunch!**  
 2:00 February Trivia  
 3:15 Hydration Station  
 4:30 Walks(H&W)

8:30 News & Weather  
 10:00 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 Poetry Readings  
 2:00 Pet Therapy with Mr. McGhee  
**3:00 New Entertainer, Singer, Joe Pettis**  
 4:30 Walks (H&W)

8:30 News & Weather  
 9:45 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 Decorate for Snow-Ball  
 1:30 One on One Visits  
**2:00 Yoga**  
**5:30 Snow-"Ball" with the WAHS boys wrestling team**

8:30 News & Weather  
**9:30 Scenic Drive w/ CNA**  
 10:00 Chronicles, Snack  
 10:30 Chicken Soup for the Soul  
**11:00 Tennis with Cubby**  
 2:00 Hydration Station  
 4:30 Walks (H&W)  
 7 Jokes and Riddles

9:00 News and Weather  
 11:00 Daily Chronicle  
 2:15 Noodle Ball  
 6:00 Evening Movie

8:30 Joel Osteen Channel #28  
 11:00 Sunday Inspiration  
 12:30 Rest & Relaxation  
 1:15 Trivia Time  
**2:30 Sunday Worship Service-GDR**  
 6:00 Evening Movie

8:30 News and Weather  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
 11:00 Horse Racing Game  
**1:45 Let's Cook Some Chili!**  
**3:15 Chili Throw Down**  
 4:30 Walks(H&W)  
 7 Poetry Readings

8:30 News and Weather  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
 11:00 Name That Tune- Love Songs  
 2:30 Movie Matinee  
 4:30 Walks(H&W)  
 7 Manicures

8:30 News and Weather  
**9:30 Dazzling Nails with Carol-**  
 10:00 Walk & Fitness  
 10:30 Chronicles, Snack  
**3:00 Music: Lou Boden Indian Flutes**  
 4:30 Walks (H&W)  
 7 Music and Instruments

8:30 News & Weather  
 9:45 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 Invention or Imagination? Game  
**2:00 Yoga**  
**3:00 Music: Me and Martha**  
 4:30 Walks (H&W)  
 7 Love Songs

8:30 News & Weather  
**9:30 Scenic Drive w/ CNA**  
 10:00 Chronicles, Snack  
 10:30 News Currents  
**11:00 Tennis with Cubby**  
**3:30 Music: Billy Brockman-L**  
 4:30 Walks (H&W)  
 7 Ball Toss

9:00 News and Weather  
 11:00 Finishing Lines  
 2:00 Puzzles  
 6:00 Evening Movie

8:30 Joel Osteen Channel #28  
 11:00 Sunday Inspiration  
 12:30 Rest & Relaxation  
 1:15 Trivia Time  
**2:30 Sunday Worship Service-GDR**  
 6:00 Evening Movie

8:30 News and Weather  
**9:30-11 Lazuli Room- 2<sup>nd</sup>**  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
 11:00 Presidential Trivia  
 2:00 Patriotic Sing A Long  
 3:15 Hydration Station  
 4:30 Walks(H&W)  
 7 Noodle Ball

8:30 News and Weather  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
 11:00 Hot Potato  
 2:00 Babies Video  
**3:00 Music: Bill Andrews on the Flat Top**  
 4:30 Walks(H&W)  
 7 Music and Instruments

8:30 News & Weather  
 10:00 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 Bowling  
**2:00 Tray Play with Nicole**  
 3:15 Hydration Station  
 4:30 Walks (H&W)  
 7 Finishing Lines

8:30 News & Weather  
 9:45 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 Name 5 Game  
 1:30 One on One Visits  
**2:00 Yoga**  
 3:15 Small Group: Puzzles  
 4:30 Walks (H&W)  
 7 Sing a Long

8:30 News & Weather  
**9:30 Scenic Drive w/ CNA**  
 10:00 Chronicles, Snack  
 10:30 Finishing Lines  
**11:00 Tennis with Cubby**  
 2:00 Hydration Station  
**3:00 Music: Greg Brown Spanish Guitar**  
 4:30 Walks (H&W)  
 7 Hot Potato

9:00 News and Weather  
 11:00 Color Me Calm  
**1:30 Music-John Wyant-L**  
 6:00 Evening Movie

8:30 Joel Osteen Channel #28  
 11:00 Sunday Inspiration  
 12:30 Rest & Relaxation  
 1:15 Trivia Time  
**2:30 Sunday Worship Service-GDR**  
 6:00 Evening Movie

8:30 News and Weather  
 10:00 Fitness & Walk  
 10:30 Chronicles, Snack  
 11:00 Hand Massages  
 2:00 One on One Visits  
**3:00 Jim Lilly and Sunnyside Band**  
 4:30 Walks(H&W)  
 7 Name 5 Game

8:30 News and Weather  
**9:30 Outing: Shop Five and Below**  
**2:00 Music: Charlie McIntire**  
 3:15 Hydration Station  
 4:30 Walks(H&W)  
 7 Chicken Soup for the Soul

8:30 News and Weather  
 10:00 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 Crafter's Corner  
**12:00 Birthday Cake!**  
 2:00 Carol Burnett Show  
 3:00 Movie Matinee  
 4:30 Walks(H&W)  
 7 Noodle Ball

8:30 News & Weather  
 9:45 Walk & Fitness  
 10:30 Chronicles, Snack  
 11:00 "Would You Rather?"  
 1:30 One on One Visits  
**2:00 Yoga**  
 3:15 Music Reminisce with Monica  
 4:30 Walks (H&W)

**"Love is the greatest refreshment in life"**  
**-Pablo Picasso**



Groundhog Day