

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday




Saturday



# March 2019

## Piedmont, Assisted Living, Life Enrichment Guide



<p>10:00 News Currents and Snack-2<sup>nd</sup>. 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "Mona Lisa Smile"</p> <p><b>3</b></p>	<p>9:45 Morning Fitness &amp; Snack 4 10:30 Brain Games-3<sup>rd</sup> <b>12:30-1pm Bookmobile-PL</b> 2:00 Peddler's Cart 3:15 Word Mining -2<sup>nd</sup> <b>3:30Tatting Demonstration w/ Mrs. Paige &amp; Mary Ann Starr-Back Lobby, \$6 for supplies</b> 4:30 Walks-L</p>	<p>9:45 Morning Fitness &amp; Snack -2<sup>nd</sup> <b>5</b> 10:30 Reminisce with Carol 2<sup>nd</sup> <b>Mardi Gras Lunch</b> 2:00 – Yoga – 3<sup>rd</sup> 3:30 Walks-meet in lobby 4:15 Bingo-3<sup>rd</sup></p> 	<p>9:45 Morning Fitness and Snack <b>6</b> 10:30 Brain Games -3<sup>rd</sup> <b>2:00 Pet therapy with Sally and Mr. MaGhee-IR</b> 3:00 Color Me Calm -2<sup>nd</sup> 4:00 Walks –meet in lobby</p> <p>Ash Wednesday</p>	<p>9:45 Morning Fitness &amp; Snack-7 10:30 Word Mining -2<sup>nd</sup>. 2:00 Catholic Communion-1<sup>st</sup> 2:30 Crosswords-2<sup>nd</sup>. 3:30 "Eat the Middle First"-2nd <b>4:30 "Sound of Music" Musical Numbers by WAHS-RDR</b></p> 	<p>10:00 Brain Games and Snack 2<sup>nd</sup> <b>1</b> 11:00 News/Chronicles-2nd 2:00 Word Searches/ Puzzles 2nd 3:00 Movie Matinee: National Treasure</p>	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>2</b> 3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>10</b> 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "The Little Rascals"</p> <p>Daylight Saving Time Begins</p>	<p>9:45 Morning Fitness &amp; Snack 2<sup>nd</sup> <b>11</b> 10:30 Brain Games-3<sup>rd</sup> 2:00 Walks – Meet in Lobby <b>3:30 Music-Kim and Jimbo-1st</b></p>	<p>9:45 Morning Fitness &amp; Snack -2<sup>nd</sup> <b>12</b> <b>11:00 Lunch Outing to Wegman's Pub</b> 2:00 – Yoga 3<sup>rd</sup> <b>3:00 Music-Carol Carr-1st</b> 4:20 Bingo-3<sup>rd</sup></p>	<p><b>9:30-11 Dazzling Nails with Carol and Friends 2<sup>nd</sup></b> <b>13</b> 2:00 Hymn Sing 2<sup>nd</sup> 3:30 Walks- Meet in Lobby 5:00 Mass-HCR</p>	<p>9:45 Morning Fitness &amp; Snack-14 2nd 10:30 Wheel of Fortune -2<sup>nd</sup>. 2:00 Crosswords-2<sup>nd</sup>. <b>3:30 Music- Kimball Swanson-1st</b> 4:30 Walks <b>Pie Day, 3.14</b></p> 	<p>10:00 Tennis with Cubby &amp; Snack-2<sup>nd</sup> <b>15</b> 11:00 News/Chronicles-2nd St. Patrick's Day Lunch 4:00 Comedy Hour</p> 	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>16</b> 3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>17</b> 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "Good Will Hunting"</p> <p>St. Patrick's Day</p>	<p><b>9:30 Lazuli Room 2<sup>nd</sup></b> <b>18</b> 10:30 Brain Games-3<sup>rd</sup> <b>12:30-1pm Bookmobile-PL Floor</b> 2:30 Music: Bob Clouse-2<sup>nd</sup> 4:30 Walks-L</p>	<p><b>8:30 Men's Breakfast -Pub</b> <b>19</b> 9:45 Fitness and Snack 2<sup>nd</sup> 10:30 "It's Greek to Me"- 2<sup>nd</sup> 2:00 – Yoga 3<sup>rd</sup> 3:30 Walks-meet in lobby 4:15 Bingo-3<sup>rd</sup></p> 	<p>9:45 Morning Fitness and Snack <b>20</b> 10:30 Brain Games -3<sup>rd</sup> 2:00 Devotions 2<sup>nd</sup> <b>3:00 Music-Irish Musician &amp; Singer, Matthew O'Donnell-1st</b></p> <p>Spring Begins</p>	<p>9:45 Morning Fitness &amp; Snack-2nd <b>21</b> 10:30 Bubble Art- 2<sup>nd</sup>. 2:00 Crosswords-2<sup>nd</sup>. 3:15 Bubbles &amp; More-2<sup>nd</sup> 4:00 Catholic Communion-1<sup>st</sup> 4:30 Walks-L</p> <p>Purim</p>	<p>10:00 Tennis with Cubby &amp; Snack-2<sup>nd</sup> <b>22</b> 11:00 News/Chronicles-2nd <b>2:00 Shop Harris Teeter</b> 3 :30 Walks – Meet in Lobby</p>	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>23</b> 3:00 Bingo 3rd</p>
<p>10:00 News Currents and Snack-2<sup>nd</sup>. <b>24</b> 2:30-3:30 Sunday Worship Service-GDR 7:00- Sunday Night Cinema "Billy Graham: An Extraordinary Journey"</p>	<p><b>10:00 Western Students, Day of Service, Craft w/ Residents-2<sup>nd</sup></b> <b>25</b> 2:00 Uno 2<sup>nd</sup> 3:00 Noodle Ball 2<sup>nd</sup> 4:15 Walks – Meet in Lobby</p>	<p>9:45 Morning Fitness &amp; Snack—2<sup>nd</sup> <b>26</b> 10:30 Cranium Crunches 2<sup>nd</sup> 2:00 – Yoga 3<sup>rd</sup> 3:00- Coca-Cola Day-2<sup>nd</sup> 3:45 Walks-meet in lobby 4:15 Bingo-3<sup>rd</sup></p>	<p>9:45 Morning Fitness and Snack <b>27</b> 10:30 Brain Games -3<sup>rd</sup> 12:00 Birthday Cake - GDR <b>3:30 Music- James Currey-1st</b> 5:00 Mass-HCR</p>	<p>9:45 Morning Fitness &amp; Snack-2nd <b>28</b> 10:30 Word Mining -2<sup>nd</sup>. 2:00 Crosswords-2<sup>nd</sup>. 3:15 Music Reminisce-1<sup>st</sup> 4:30 Walks-L</p>	<p>10:00 Tennis with Cubby &amp; Snack-2<sup>nd</sup> <b>29</b> 11:00 News/Chronicles-2nd 2:00 Family Feud 2<sup>nd</sup> 3 :00 Comedy Hour 2<sup>nd</sup> 4:00 Walks – 1<sup>st</sup></p>	<p>10:00 Trivia Time &amp; Snack-3<sup>rd</sup> <b>30</b> 3:00 Bingo 3rd</p>

10:00 News Currents and Snack-2<sup>nd</sup>. **31**  
2:30-3:30 Sunday Worship Service-GDR  
7:00- Sunday Night Cinema "West Side Story"



**Ground Level:** HCR-Harris Community Room, **First Floor:** L- Lobby, HAM-Ham's Billiard Room R- Ridges Dining Room, P-Pub S-Seasons, LIB- Library, **Second Floor:** A-Anton Mountain Community Room, LR-Living Room, **Third Floor:** H-Haden's Farm Community Room, IR-In Room, GDR-Greenwood Dining Room

