

Sunday

Monday

Tuesday




















Wednesday

Thursday

Friday

Saturday

Seasons, Memory Care, Life Enrichment Guide

													
<p>8:30 Joel Osteen (Channel 28) 11 Sunday Inspiration -LV 12:30 Rest & Relaxation 2 Finishing Lines -SR 6 Evening Movie</p>	<p>3</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Noodle Ball -LV 2 Afternoon Cinema: Chitty Chitty Bang Bang -LV 4 Hydration Station 7 Hot Potato</p> 	<p>4</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Twister -SR 2 Watercolor Painting -SR 4 Hydration Station 7 Folding Napkins</p>	<p>5</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Animal Bingo -SR 2 Ribbon Dancing -LV 3 Music: Barbara Martin - L 4 Hydration Station 7 Andy Griffith Show</p>	<p>6</p>	<p>8:30 News & Weather 10 Snack & Chronicles -DR 10:30 Yoga w/ Cecily! -DR 2 Rick Steve's Europe: Paris -LV 3:30 Catholic Communion 4 Hydration Station 7 Comedy</p> 	<p>7</p>	<p>9:00 News and Weather 11 Color Me Calm: New Year's Pages -SR 2:15 New Year's Resolutions and Trivia -LV 4 Hydration Station 7 Poetry</p>  <p>New Year's Day</p>	<p>1</p>	<p>9:00 News & Weather 11 Piano w/ Eli -LV 2:15 Meditation and Yoga -DR 6 Evening Movie</p>	<p>2</p>
<p>8:30 Joel Osteen (Channel 28) 11 Sunday Inspiration -LV 12:30 Rest & Relaxation 2 Noodle Ball -LV 6 Evening Movie</p>	<p>10</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Name 5 Game -SR 2:30 Deer Hunting Game-3rd 4 Hydration Station 7 Back Rubs & Shoulder Massages</p> 	<p>11</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 A-Z Word Game -SR 2 Music: Larry Kent & Toni Marie - L 4 Hydration Station 7 Folding Laundry</p>	<p>12</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Biography:Joan Crawford-SR 2 Joan Crawford Cinema "Mildred Pierce" -LV 3 Music: Stan Hamrick-L 4 Hydration Station 7 Comedy</p> 	<p>13</p>	<p>8:30 News & Weather 10 Snack & Chronicles -DR 10:30 Yoga w/ Cecily! -DR 2 Afternoon Tea -SR 3:30 Catholic Communion 4 Hydration Station 7 Chicken Soup Reading</p> 	<p>14</p>	<p>8:30 News and Weather 9:45 Scenic Drive 2 Spa Nails -DR 4 Hydration Station 7 Hand Massages</p>	<p>15</p>	<p>9:00 News & Weather 11 Piano w/ Eli -LV 2:15 Meditation and Yoga -DR 6 Evening Movie</p>	<p>16</p>
<p>8:30 Joel Osteen (Channel 28) 11 Sunday Inspiration -LV 12:30 Rest & Relaxation 2 Puzzles -SR 6 Evening Movie</p>	<p>17</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 MLK-We Shall Overcome SR 2 MLK Cinema "Selma" -LV 4 Hydration Station 7 Folding Napkins</p>  <p>Martin Luther King Day</p>	<p>18</p>	<p>8:30 News & Weather 10 Creative Cooking – Soup -DR 2 Color Me Calm - SR 3 Check the Soup! 4 Hydration Station 7 Hot Potato</p> 	<p>19</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Save The Penguin Game-SR 2 Afternoon Cinema: Happy Feet -LV 4 Hydration Station 7 Chicken Soup Reading</p> 	<p>20</p>	<p>8:30 News & Weather 10 Snack & Chronicles -DR 10:30 Yoga w/ Cecily! -DR 2 Paper Bag Snowflake Craft -SR 3:30 Catholic Communion 4 Hydration Station 7 Comedy</p> 	<p>21</p>	<p>8:30 News and Weather 9:45 Scenic Drive 2 Watercolor Painting -SR 4 Hydration Station 7 Back Rubs & Shoulder Massages</p>	<p>22</p>	<p>9:00 News & Weather 11 Piano w/ Eli -LV 2:15 Meditation and Yoga -DR 6 Evening Movie</p>	<p>23</p>
<p>8:30 Joel Osteen (Channel 28) 11 Sunday Inspiration -LV 12:30 Rest & Relaxation 2 Guitar with Anjali -LV 6 Evening Movie</p> <p>Activity Professionals Week</p>	<p>24</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Matching Couples Game -SR 2 Art Print -SR 4 Hydration Station 7 Andy Griffith Show</p>	<p>25</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11:00 Spa Nails - SR 2 Brunch Time Detective - SR 4 Hydration Station 7 Chicken Soup Reading</p> <p>Australia Day (observed)</p>	<p>26</p>	<p>8:30 News & Weather 10 Walk & Fitness -DR 10:30 Chronicles & Snack -DR 11 Matching Chips Game -SR 2 Afternoon Cinema: Grease -LV 4 Hydration Station 7 Folding Napkins</p> 	<p>27</p>	<p>8:30 News & Weather 10 Snack & Chronicles -DR 10:30 Yoga w/ Cecily! -DR 2 Rick Steve's Europe: Italy -LV 3:30 Catholic Communion 4 Hydration Station 7 Hand Massages</p> 	<p>28</p>	<p>8:30 News and Weather 9:45 Scenic Drive 2 Puzzles -SR 4 Hydration Station 7 Folding Laundry</p>	<p>29</p>	<p>9:00 News & Weather 11 Piano w/ Eli -LV 2:15 Meditation and Yoga -DR 6 Evening Movie</p>	<p>30</p>
<p>8:30 Joel Osteen (Channel 28) 11 Sunday Inspiration -LV 12:30 Rest & Relaxation 2 Martha & Me -LV 6 Evening Movie</p>	<p>31</p>												

January 2021

Season's, Memory Care, Life Enrichment Calendar

*KEY - Living Room – LV. Sunroom – SR. Dining Room – DR.