

Sunday

Monday

Tuesday

Wednesday




Thursday

Friday

Saturday

# September 2021

## Piedmont, Assisted Living, Life Enrichment Guide

<p>10:00 News Currents &amp; Snack-2nd 3 Name the Logo-2nd 7 Sunday Night Movie-2nd (H&amp;W turn a Netflix Movie on for Residents)</p>	<p>10 Labor Day Trivia-2nd 2 Sing-A-Long-2nd</p>  <p>Rosh Hashanah Begins</p>	<p>9:45 Fitness-2nd 10:15 Snack &amp; Chronicles-2nd 10:30 Crosswords-2nd <b>2 Shop: Harris Teeter</b></p>	<p>9:45 Fitness-2nd 10:15 Snack &amp; Chronicles-2nd 10:30 State of the Month: Tennessee, Nashville! -2nd 2 Bingo-3rd 3 Word Mining-2nd 4:15 Walks-L</p>	<p>9:30 Chair Yoga w/ Cecily-2nd 10:30 Devotions &amp; Snack-2nd 2 Sing Along – 2nd <b>3 Catholic Communion-GDR</b> 4:15 Walks-L</p>	<p>10 ACAC Fitness-2nd 10:45 Chronicles/Snack 2nd 11 One on Ones-IR 1:45 Spelling Bee, Prize for top winners!! <b>3 Music- Greg Brown-RDR</b></p>	<p>10 Trivia Time &amp; Snack-3rd 3-3:45 Bingo-3rd</p>
<p>10:00 News Currents &amp; Snack-2nd 3 Biography: <b>Olivia Newton John</b>-2nd 7 Sunday Night Movie-2nd (H&amp;W turn a Netflix Movie on for Residents)</p> <p>Grandparents Day</p>	<p>13 <b>10 ACAC Fitness-2nd</b> 10:45 Chronicles/Snack 2nd 2 News/ Stories with Bob-2nd <b>3 Music: Kim and Jimbo Carey-L</b> 4:15 Walks-L <u>National Assisted Living</u></p>	<p>14 9:45 Fitness-2nd 10:15 Snack &amp; Chronicles-2nd 10:30 Do on your own Crossword Sheet-2nd <b>11 Lunch Outing: Kathy's Restaurant</b> 2:30 Bingo-3rd 4 Walks-L <u>Week.</u></p>	<p>15 9:45 Fitness-2nd 10:15 Snack &amp; Chronicles-2nd 10:30 Brain Games -2nd <b>2 Cookie Delivery to Squad &amp; Fire House</b> 3:30 Word Mining-2nd <u>"Compassion,</u></p>	<p>16 9:30 Chair Yoga w/ Cecily 2nd 10:30 Devotions &amp; Snack-2nd 2 Poetry Reading – 2nd <b>3 Catholic Communion-GDR</b> 4:15 Walks-L <u>Community, and Caring."</u></p>	<p>17 <b>9 Men's Coffee &amp; Conversations-P</b> <b>10 ACAC Fitness-2nd</b> 10:45 Chronicles/Snack 2nd 11 One on Ones-IR <b>2 Deliver Water &amp; Cookies to Construction Workers</b> 3 Movie Matinee: <b>Carousel</b> _dvd</p>	<p>18 10 Trivia Time &amp; Snack-3rd 3-3:45 Bingo-3rd</p> <p>Oktoberfest Begins</p>
<p>10:00 News Currents &amp; Snack-2nd 3 Humor &amp; Jokes 2nd 7 Sunday Night Movie-2nd (H&amp;W turn a Netflix Movie on for Residents)</p>	<p>19 <b>10 ACAC Fitness-2nd</b> 10:45 Chronicles/Snack 2nd <b>12:30-1:15pm Library Delivery-PL</b> 2 News/Stories with Bob-2nd <b>3 Music: Eric Franzen-L</b> 4:15 Walks-L</p> <p>Sukkot Begins</p>	<p>20 9:45 Fitness-2nd 10:15 Snack &amp; Chronicles-2nd 10:30 Crosswords-2nd <b>2 Meeting: A Minute w/ Maureen-GDR</b> 3:00 Word Mining-2nd 4:15 Walks-L</p>	<p>21 <b>9:30 Wal*Mart</b> 2 Chronicles-2nd <b>2:15 "Autumn is Here Happy Hour"-2nd</b> 4:15 Walks-L</p>  <p>Autumn Begins</p>	<p>22 9:30 Chair Yoga w/ Cecily 2nd 10:30 Devotions &amp; Snack-2nd 2 Twenty Questions 2nd <b>3 Catholic Communion &amp; Mass-GDR</b> <b>3:30 Author: Morgan Armstrong presents his book "A Serving of Revenge "-RDR</b></p>	<p>23 <b>10 ACAC Fitness-2nd</b> 10:45 Chronicles/Snack 2nd 11 One on Ones-IR 2 Biography "<b>Grandma Moses</b>" 2nd 3 UNO-2nd</p>	<p>24 10 Trivia Time &amp; Snack-3rd 3-3:45 Bingo-3rd</p>
<p>10:00 News Currents &amp; Snack-2nd 3 Large Balloon Volley-2nd 7 Sunday Night Movie-2nd (H&amp;W turn a Netflix Movie on for Residents)</p>	<p>25 <b>10 ACAC Fitness-2nd</b> 10:45 Chronicles/Snack 2nd 2 News/Stories with Bob-2nd 3 Word Mining-2nd 4:15 Walks-L</p>	<p>26 9:45 Fitness-2nd 10:15 Snack &amp; Chronicles-2nd 10:30 Crosswords-2nd 1:30 Bingo-3rd <b>3 Music: Elijah Jessee-L</b> 4:15 Walks-L</p> <p>Simchat Torah Begins</p>	<p>27 <b>9:45 Outing: Harris Teeter</b> 1:30 TED Talk: Amy Cuddy "Body Language" can shape who you are. Discussion Computer look up <b>3 Music: Billy Caldwell-L</b> 4:15 Walks-L</p> 	<p>28 9:30 Chair Yoga w/ Cecily 2nd 10:30 Devotions &amp; Snack-2nd 2 Time Travel card game – 2nd <b>3 Catholic Communion-GDR</b> 4:15 Walks-L</p>	<p><b>Ground Level- HCR-Harris Community Room, First Floor: L- Lobby, HAM-Ham's Billiard Room R- Ridges Dining Room, P-Pub Seasons, LIB- Library, Second Floor: A--Afton Mountain Community Room, LR-Living Room, Third Floor: H-Haden's Farm Community Room, IR-In Room, GDR-Greenwood Dining Room</b></p> 