

Sunday

Monday

Tuesday

Wednesday

Thursday














Friday

Saturday

MARCH 2023

Ridges, Independent Living, Life Enrichment Guide

First Floor: LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Cafe, PL- Parking Lot, PDR Private Dining Room. **Second Floor:** A--Afton Mountain Community Room, LR- Living Room **Third Floor:** H-Haden's Farm Community Room, Greenwood Dining Room **Red: Outing, Fundraiser, Entertainment** Sign-up sheets for outings are in the mailroom

	<p>5 10:00 ACAC Fitness-HCR 10:00 Bananagrams-C 12:30 Bookmobile-PL 1:00 Walks-LR 2:00 Bible Study: "The Bible's Creation Stories" w/ Rev. Bob Wilson-PDR 3:00 Music: Kimball Swanson-LR</p> <p>Purim Begins</p>	<p>6 9:30 Yoga-A 10:00 ACAC Fitness-HCR 1:00 Walks-LR 1:00 Canasta-C 2:00 Mexican Train Dominoes-C 3:00 Music: David Weiss Trio-LR</p>	<p>7 10:00 ACAC Fitness-HCR 11:00 Choir-HCR 1:00 Walks-LR 3:00 Music: Laissez Fours: Jazz-LR</p> 	<p>8 9:30 Yoga-A 11:00 Outing: Tour NBC 29 Studios & Lunch at The Nook! 1:00 Walks-LR 3:00 Knitting Group-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 7:00 Movie: <i>Coach Carter</i>-HCR</p>	<p>9 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Rummikub-C</p>	<p>10 2:00 Rummikub-C 4:00 Bingo-P</p> 
<p>2:00 Crozet Methodist Church Virtual Service-HCR 2:00 Rummy- C</p>	<p>11 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Rummikub-C</p>	<p>12 9:30 Yoga-A 10:00 ACAC Fitness-HCR 1:00 Walks-LR 1:00 Canasta-C 2:00 Mexican Train Dominoes-C 3:00 Music: David Weiss Trio-LR</p>	<p>13 10:00 ACAC Fitness-HCR 11:00 Choir-HCR 1:00 Walks-LR</p> 	<p>14 9:30 Yoga-A 1:00 Walks-LR 3:00 Knitting Group-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 7:00 Movie: <i>Coach Carter</i>-HCR</p>	<p>15 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Rummikub-C</p>	<p>16 2:00 Rummikub-C 4:00 Bingo-P</p> 
<p>2:00 Crozet Methodist Church Virtual Service-HCR 2:00 Rummy- C</p> <p>Daylight Saving Time Begins</p>	<p>17 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Bible Study: "The Bible's Creation Stories" w/ Rev. Bob Wilson-PDR 3:00 Music: Kim & Jimbo-LR</p>	<p>18 9:30 Yoga-A 10:00 ACAC Fitness-HCR 1:00 Walks-LR 1:00 Canasta-C 1:45 Pie Day Contest!-RDR 2:00 Mexican Train Dominoes-C 3:00 Music: Frank Byers-LR</p> 	<p>19 10:00 ACAC Fitness-HCR 11:00 Choir-HCR 1:00 Walks-LR</p> 	<p>20 9:30 Yoga-A 1:00 Walks-LR 3:00 Catholic Comm.-GDR 5:30 Third Thursday-RDR 7:00 Movie: "Woman in Gold"-HCR</p>	<p>21 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Rummikub-C 5:00 St. Patty's Day Social-P</p>  <p>St. Patrick's Day</p>	<p>22 2:00 Rummikub-C 4:00 Bingo-P</p> 
<p>2:00 Crozet Methodist Church Virtual Service-HCR 2:00 Rummy- C</p>	<p>23 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Bible Study: "The Bible's Creation Stories" w/ Rev. Bob Wilson-PDR 3:00 Tech Talk w/ Ellie-P</p> <p>Spring Begins</p> 	<p>24 9:30 Yoga-A 10:00 ACAC Fitness-HCR 1:00 Walks-LR 1:00 Canasta-C 2:00 Resident Assoc. Meeting-RDR 2:00 Mexican Train Dominoes-C</p>	<p>25 10:00 ACAC Fitness-HCR 11:00 Choir-HCR 1:00 Walks-LR 3:00 Music: Billy Brockman-LR</p> 	<p>26 9:30 Yoga-A 1:00 Walks-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 7:00 Movie: <i>The Longest Yard</i>-HCR</p>	<p>27 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Rummikub-C 3:00 Music: Greg Brown-LR</p>	<p>28 2:00 Rummikub-C 4:00 Bingo-P</p> 
<p>2:00 Crozet Methodist Church Virtual Service-HCR 2:00 Rummy- C</p>	<p>29 10:00 ACAC Fitness-HCR 1:00 Walks-LR</p>	<p>30 9:30 Yoga-A 10:00 ACAC Fitness-HCR 1:00 Walks-LR 1:00 Canasta-C 2:00 Mexican Train Dominoes-C</p>	<p>31 10:00 ACAC Fitness-HCR 11:00 Choir-HCR 1:00 Book Club-L 1:00 Walks-LR 3:00 Music: Larry Kent-LR</p> 	<p>1 9:30 Yoga-A 1:00 Walks-LR 3:00 Knitting Group-LR 3:00 Catholic Comm.-GDR 5:00 Happy Hour-P 7:00 Movie: <i>Still Alice</i>-HCR</p>	<p>2 10:00 ACAC Fitness-HCR 1:00 Walks-LR 2:00 Rummikub-C 5:30 Pub Trivia-P</p>	<p>3 2:00 Rummikub-C 4:00 Bingo-P</p> 

Choir returns this month! Come sing with our Easter Cantata!



Catholic Communion: Thursdays at 3pm in the GDR. Shopping loops have moved to Fridays, starting March 10th