

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2023

## Seasons, Memory Care, Life Enrichment Guide

<p>8:30 Joel Osteen (channel 28) <b>3</b></p> <p>Basket Activities</p> <p>2:00 Crozet United Methodist Church, morning sermon streamed on You Tube</p>	 <p><b>Labor Day</b></p> <p>Labor Day</p>	<p>9:45 Neighborhoods/Fuel Up <b>4</b></p> <p>10:15 Yoga</p> <p>10:45 Lemonade on the Patio/Garden</p> <p>12:30 Jazz Music Listening</p> <p>2:00 Noodle Ball</p> <p>2:45 Travelogue</p> <p>3:30 Fuel Up!</p> <p>4:00 Movie: <i>Hotel For Dogs</i></p> <p>6:00 What Am I?</p>	<p>10:00 Seated Zumba-A <b>5</b></p> <p>10:40 Fuel Up</p> <p>11:00 Card Sort</p> <p>12:30 Room Visits</p> <p>2:00 Color My World</p> <p>2:30 <b>Pet Therapy</b></p> <p>3:00 <b>Music: Dan Layman-LR</b></p> <p>4:15 Fuel Up</p> <p>6:00 Who Am I?</p>	<p>9:45 Neighborhoods/Fuel Up <b>6</b></p> <p>10:15 Yoga</p> <p>10:45 Garden</p> <p>11:00 Card Match</p> <p>12:30 Classical Music Listening</p> <p>2:00 Spa Nails</p> <p>3:30 Fuel Up!</p> <p>4:00 Do You Hear What I Hear?- Summer Edition</p> <p>6:00 Where Am I?</p>	<p>9:45 Neighborhoods/Fuel Up <b>7</b></p> <p>10:15 Garden</p> <p>10:45 Fitness</p> <p>12:30 Country Music Listening</p> <p>2:00 Water Games!</p> <p>3:00 Spa Nails</p> <p>4:00 Fuel Up!</p> <p>6:00 Color My World</p>	<p>8:30 News &amp; Weather <b>2</b></p> <p>11:00 Inspiration</p> <p>2:00 Noodle Ball</p> <p>6:00 Evening Movie</p>
<p>8:30 Joel Osteen (channel 28) <b>10</b></p> <p>Basket Activities</p> <p>2:00 Crozet United Methodist Church, morning sermon streamed on You Tube</p> <p><b>National Assisted Living Week</b></p> <p>Grandparents Day</p>	<p><b>Celebrity Day!</b></p> <p>9:30 Remembrance Walk <b>11</b></p> <p>9:45 Neighborhoods/Fuel Up!</p> <p>10:45 Stamping</p> <p>12:30 Homemaking</p> <p>2:15 Fuel Up!</p> <p>3:00 <b>Music from Around the World: Kim &amp; Jimbo</b></p> <p>4:30 Garden</p> <p>6:00 <b>Music &amp; Dance</b></p>	<p><b>Hippie Day!</b></p> <p>9:45 Neighborhoods/Fuel Up <b>12</b></p> <p>10:15 Yoga</p> <p>10:45 Card Match</p> <p>12:30 Jazz Music Listening</p> <p>2:00 Garden</p> <p>2:45 Who were the Hippies?</p> <p>3:30 Fuel Up!</p> <p>4:00 Walks</p> <p>6:00 What Am I?</p>	<p><b>Down on the Farm Day!</b></p> <p>9:45 Neighborhoods/Fuel Up <b>13</b></p> <p>10:15 Fitness</p> <p>10:45 Number Bingo</p> <p>12:30 Room Visits</p> <p>2:15 Fuel Up!</p> <p>3:00 <b>We Bring the Music: "Jazz Connection"</b></p> <p>6:00 Who Am I?</p>	<p><b>Favorite Tee Shirt Day!</b></p> <p>9:45 Neighborhoods/Fuel Up <b>14</b></p> <p>10:15 Yoga</p> <p>10:45 Jenga Blocks</p> <p>12:30 Classical Music Listening</p> <p>2:00 Spa Nails</p> <p>3:30 Fuel Up!</p> <p>4:00 Favorite Singers/Concerts</p> <p>6:00 Reminisce</p> <p>6:00 <b>Where Am I?</b></p>	<p><b>Beach Day!</b></p> <p>9:45 Neighborhoods/Fuel Up <b>15</b></p> <p>10:15 Garden</p> <p>10:30 ABC Game</p> <p>11:00 Fitness</p> <p>12:30 <b>Scenic Drive</b></p> <p>2:30 Karaoke</p> <p>3:15 Hawaiian Happy Hour</p> <p>6:00 Color My World</p>	<p>8:30 News &amp; Weather <b>16</b></p> <p>11:00 Inspiration</p> <p>2:00 Horse Shoes</p> <p>6:00 Evening Movie</p> <p>Oktoberfest Begins</p>
<p>8:30 Joel Osteen (channel 28) <b>17</b></p> <p>Basket Activities</p> <p>2:00 Crozet United Methodist Church, morning sermon streamed on You Tube</p>	<p>9:45 Neighborhoods/Fuel Up! <b>18</b></p> <p>10:30 <b>Music: Eli Jessee-A</b></p> <p>12:30 Homemaking</p> <p>2:00 Noodle Ball</p> <p>2:45 Sculpting</p> <p>4:15 Garden</p> <p>6:00 Music &amp; Dance</p>	<p>9:45 Neighborhoods/Fuel Up <b>19</b></p> <p>10:15 Yoga</p> <p>10:45 Karaoke</p> <p>12:30 Jazz Music Listening</p> <p>2:00 German Trivia</p> <p>3:00 <b>Music: Stan &amp; Dan-LR</b></p> <p>4:15 Fuel Up!/ Pretzels</p> <p>6:00 What Am I?</p>	<p>9:45 Neighborhoods/Fuel Up <b>20</b></p> <p>10:15 Fitness</p> <p>10:45 Puzzles</p> <p>12:30 Room Visits</p> <p>2:00 Land, Sky, and Sea</p> <p>3:00 Basketball</p> <p>4:00 Fuel Up</p> <p>6:00 Who Am I?</p>	<p>9:45 Neighborhoods/Fuel Up <b>21</b></p> <p>10:15 Yoga</p> <p>10:45 Poetry</p> <p>12:30 Classical Music Listening</p> <p>2:00 <b>Sensory Trays w/ Nicole</b></p> <p>3:15 Fuel Up!</p> <p>4:00 Spa Nails</p> <p>6:00 Where Am I?</p>	<p>9:45 Neighborhoods/Fuel Up <b>22</b></p> <p>10:15 Garden</p> <p>10:30 Trivia</p> <p>11:00 Fitness</p> <p>12:30 <b>Scenic Drive</b></p> <p>2:30 Fuel Up!</p> <p>3:00 <b>Music: Greg Brown-RDR</b></p> <p>4:15 Comedy Hour</p> <p>6:00 Color My World</p>	<p>8:30 News &amp; Weather <b>23</b></p> <p>11:00 Inspiration</p> <p>2:00 Music Memories</p> <p>6:00 Evening Movie</p> <p>Autumn Begins</p>
<p>8:30 Joel Osteen (channel 28) <b>24</b></p> <p>Basket Activities</p> <p>2:00 Crozet United Methodist Church, morning sermon streamed on You Tube</p> <p>Yom Kippur Begins</p>	<p>9:45 Neighborhoods/Fuel Up! <b>25</b></p> <p>10:15 Fitness</p> <p>10:45 Crafter's Corner: Yarn Wrapped Apples</p> <p>12:30 Homemaking</p> <p>2:00 Parachute</p> <p>3:00 <b>Music: Kimball Swanson-LR</b></p> <p>4:15 Garden</p> <p>6:00 Music &amp; Dance</p>	<p>9:45 Neighborhoods/Fuel Up <b>26</b></p> <p>10:15 Fitness</p> <p>10:45 Radio Mystery Hour</p> <p>12:30 Jazz Music Listening</p> <p>2:00 Sounds of Nashville</p> <p>2:45 Crafter's Corner: Yarn Wrapped Apples, Continued.</p> <p>4:00 Lemonade Social</p> <p>6:00 What Am I?</p>	<p>9:45 Neighborhoods/Fuel Up <b>27</b></p> <p>10:15 Fitness</p> <p>10:45 Puzzles</p> <p>12:30 Room Visits</p> <p>2:00 Karaoke</p> <p>3:15 "Get the Scoop! Ice Cream!"</p> <p>4:00 Patio Time</p> <p>6:00 Who Am I?</p> 	<p>9:45 Neighborhoods/Fuel Up <b>28</b></p> <p>10:15 Fitness</p> <p>10:45 Back Porch Stories</p> <p>12:30 Classical Music Listening</p> <p>2:00 Spa Nails</p> <p>3:30 Fuel Up!</p> <p>4:00 Target Practice</p> <p>6:00 <b>Eve Water's: Music on the Harp</b></p>	<p>9:45 Neighborhoods/Fuel Up <b>29</b></p> <p>10:15 Garden</p> <p>10:30 Poetry</p> <p>11:00 Fitness</p> <p>12:30 <b>Scenic Drive</b></p> <p>2:30 The Gaither Homecoming DVD</p> <p>3:00 Walks</p> <p>4:00 Fuel Up!</p> <p>6:00 Color My World</p>	<p>8:30 News &amp; Weather <b>30</b></p> <p>11:00 Inspiration</p> <p>2:00 Noodle Ball</p> <p>6:00 Evening Movie</p>