

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Piedmont, Assisted Living, Life Enrichment Guide

May 2025

Ground Floor: HCR-Harris Community Rm **First Floor:** LR- Living Room, HAM-Ham's Billiard Room RDR- Ridges Dining Room, P-Pub, L- Library, C-Café, PL: Parking Lot, PDR Private Dining Room. **Second Floor:** A--Afton Mountain Community Room. **Third Floor:** H-Haden's Farm Community Room, Greenwood Dining Room. **Saturday BINGO will move to Fridays at the end of the month.**



9:30 Yoga-A **1**
 10:00 History of May Day-A
 10:45 Noodle Ball
 2:30 Monticello HS Choir-LR
 3:30 Gardening-A
 3:00 Catholic Communion-GDR
 4:00 Walks

9:45 Cardio Drumming -A **2**
 10:00 Fitness-A
 10:30 Nail Spa-A
 2:00 On Your Own Crossword Puzzle Sheets-A
 3:00 Crafters Corner-A
 4:15 Walks-A

Morning: Puzzle Sheets-A **3**
 3:00 pm Bingo-GDR

2:00 Crozet Methodist Church, Stream Service-HCR **4**

9:45 Olive Tree Outing **5**
 10:15 Zumba-A
 2:30 Bookmobile-PL
 1:30 STAB Students visit-GDR
 2:45 Outdoor Walks-A

9:15 Yoga-A **6**
 10:00 Fresh Flower Arrangements-A
 10:30 Word Mining-A
 2:00 Bingo-GDR
 3:00 Mother's Day Craft & Refreshments-A

9:45 Neighborhood-A **7**
 10:15 Fitness-A
 10:45 Spelling Bee-A
 2:00 Smooches w/Pooches-A
 2:30 Mother's Day Tea-RDR
 4:30 Wet Your Whistle Wednesday-H

9:30 Yoga-A **8**
 10:00 If You Could game-A
 10:45 Trivia-A
 2:00 Where Am I?-A
 3:00 Catholic Communion-GDR
 3:00 Music: The Ken Mathews Trio-LR

9:45 Cardio Drumming-A **9**
 10:00 Fitness-A
 10:45 Brain Games-A
 2:00 Comedy Hour-A
 3:00 Music: Lucas Rondeau & Erynn Lenga-LR

Morning: Puzzle Sheets-A **10**
 3:00 pm Bingo-GDR

Cinco de Mayo

2:00 Crozet Methodist Church, Stream Service-HCR **11**

9:45 Neighborhood-A **12**
 10:15 Zumba-A
 10:45 Brain Games-A
 2:00 Crafter Corner-A
 3:30 New Music: "Noteworthy" Duo-LR

9:15 Yoga-A **13**
 10:00 Trivia-A
 10:30 Word Mining-A
 2:00 Bingo-GDR
 3:00 Cyber Security Class w/ Steve Hughes-P

9:45 Neighborhood-A **14**
 10:30 Reminisce w/ Carol-A
 1:30 Outing: Harris Teeter
 3:00 Music: Billy Brockman-LR
 4:30 Wet Your Whistle Wednesday-H

9:30 Yoga-A **15**
 10:00 Sing Along-A
 10:45 Old Wives Tales-A
 2:00 Where Am I?-A
 3:00 Gardening-A
 3:00 Catholic Communion-GDR
 4:00 Walks

9:45 Cardio Drumming-A **16**
 10:00 Fitness-A
 10:45 Word Scrabble-A
 2:00 Noodle Ball-A
 4:00 Documentary: "Inside the Mind of a Dog"-A

Morning: Puzzle Sheets-A **17**
 3:00 pm Bingo-GDR

Mother's Day National Skilled Nursing Care Week

Armed Forces Day

2:00 Crozet Methodist Church, Stream Service-HCR **18**

10:00 Shop: Super Shoes **19**
 10:15 Zumba-A
 12:30 Bookmobile-PL
 3:00 Music: Eli Jessee-A
 4:30 Walks

9:15 Yoga-A **20**
 10:00 One and Done Dice Game-A
 10:30 Word Mining-A
 2:00 Bingo-GDR
 3:15 Movie Matinee-A

9:45 Neighborhood-A **21**
 10:15 Fitness-A
 10:45 Short Stories-A
 1:30 Outing: Belk, C'ville
 3:00 Music: The Brass Quintet-LR
 4:30 Wet Your Whistle Wednesday-H

9:30 Yoga-A **22**
 10:00 Sentence Inhibition-A
 10:45 Adult Coloring-A
 2:00 Where Am I?-A
 3:00 Gardening-A
 3:00 Catholic Communion-GDR
 4:00 Walks

9:45 Cardio Drumming-A **23**
 10:00 Fitness-A
 10:45 Whacky Pictures-A
 2:00 Bingo-GDR
 3:15 Movie Matinee-A

Morning: Puzzle Sheets-A **24**

Victoria Day (Canada)

2:00 Crozet Methodist Church, Stream Service-HCR **25**

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 Memorial Day

9:15 Yoga-A **27**
 10:00 Domino Cover-Up-A
 10:30 Word Mining-A
 2:00 Bingo-GDR
 3:00 Music: John Lockridge-LR

9:45 Neighborhood-A **28**
 10:15 Fitness-A
 10:45 Nail Spa-A
 1:30 Outing: Harris Teeter
 3:00 Crosswords-A
 4:30 Wet Your Whistle Wednesday-H

9:30 Yoga-A **29**
 10:00 Nail Spa
 2:30 Botswana Presentation with JJ Towler-RDR
 3:00 Catholic Communion-GDR
 4:00 Walks

9:45 Cardio Drumming-A **30**
 10:00 Fitness-A
 10:45 Search Word Sheets-A
 2:00 Bingo-GDR
 3:15 Armchair Travel-A

Morning: Puzzle Sheets-A **31**