

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Ridges, Independent Living, Life Enrichment Guide

May 2025

Ground Floor: HCR-Harris Community Rm **First Floor:** LR-Living Room, HAM-Ham's Billiard Room **RDR-** Ridges Dining Room, **P-**Pub, **L-** Library, **C-**Café, **PL:** Parking Lot, **PDR** Private Dining Room. **Second Floor:** A--Afton Mountain Community Room. **Third Floor:** H-Haden's Farm Community Room, Greenwood Dining Room

Church Loops
2:00 Crozet Methodist Church, Streamed Service-HCR

4 9:00 Walks-LR
9:30 Zumba-HCR
10:30 Banangrams-C
Taco Bar Lunch
Happy Cinco de Mayo!
12:30 Bookmobile-PL
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
Cinco de Mayo

5 9:00 Walks-LR
10:00 Yoga-HCR
11:00 Lodge Singers-HCR
7:00 Poker-C

6 9:00 Walks-LR
9:15 Loop: Waynesboro
1:00 Walks-LR
1:30 Fitness-HCR
2:00 Rummikub-C
2:30 **Mother's Day Tea-RDR**



7 9:00 Walks-LR
9:30 Yoga-A
12:00 Mahjong-LR
2:00 Cardio Drumming- HCR
3:00 Music: **The Ken Mathews Trio-LR**
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
4:15 **Happy Hour at Bold Rock Cidery.** *Dinner available, See the restaurant menu*

8 9:00 Walks-LR
9:30 Fitness-HCR
1:30 Mexican Train Dominos-LR
3:00 **Music: Lucas Rondeau & Erynn Lenga-LR**

9 2:00 Rummikub-C
3:00 Bingo-P

No Church Loop today
2:00 Crozet Methodist Church, Streamed Service-HCR

11 9:00 Walks-LR
9:30 Zumba-HCR
10:30 Banangrams-C
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
1:00 Walks-LR
3:30 **New Music: "Noteworthy" Duo-LR**

Mother's Day National Skilled Nursing Care Week

12 9:00 Walks-LR
10:00 Yoga-HCR
11:00 Lodge Singers-HCR
3:00 **Cyber Security Class w/ Steve Hughes-P**
7:00 Poker-C

13 9:00 Walks-LR
9:15 Loop: Crozet
1:30 Fitness-HCR
2:00 Rummikub-C
3:00 **Music: Billy Brockman-LR**

14 9:00 Walks-LR
9:30 Yoga-A
12:00 Mahjong-LR
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
5:00 Happy Hour-P
7:00 **Movie Matinee-HCR** Third Thursday

15 9:00 Walks-LR
9:30 Fitness-HCR
1:30 Mexican Train Dominos-LR

16 2:00 Rummikub-C
3:00 Bingo-P

Armed Forces Day

Church Loops
2:00 Crozet Methodist Church, Streamed Service-HCR

18 9:00 Walks-LR
9:30 Zumba-HCR
10:30 Banangrams-C
12:30 Bookmobile-PL
1:00 Bridge-C
1:00 Mexican Train Dominos-RDR
1:00 Walks-LR

Victoria Day (Canada)

19 9:00 Walks-LR
10:00 Yoga-HCR
11:00 Lodge Singers-HCR
2:00 **The Cheese Shop**
6:45 **Musical Bingo-P**
7:00 Poker-C



20 9:00 Walks-LR
9:15 Loop: C'ville
1:30 Fitness-HCR
2:00 Rummikub-C
3:00 **Music: The Brass Quintet-LR**

21 9:00 Walks-LR
9:30 Yoga-A
12:00 Mahjong-LR
2:00 Cardio Drumming- HCR
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
5:00 **Happy Hour on the Back Patio**
7:00 **Movie Matinee-HCR**

22 9:00 Walks-LR
9:30 Fitness-HCR
1:30 Mexican Train Dominos-LR

23 2:00 Rummikub-C
3:00 Bingo-P

No Church Loop today
2:00 Crozet Methodist Church, Streamed Service-HCR



25 10:00 Yoga-HCR
11:00 Lodge Singers-HCR
1:00 Walks-LR
3:00 **Music: John Lockridge-LR**
7:00 Poker-C

26 9:00 Walks-LR
9:15 Loop: Waynesboro
1:30 Fitness-HCR
2:00 Rummikub-C

27 9:00 Walks-LR
9:30 Yoga-A
12:00 Mahjong-LR
2:30 Botswana Presentation with JJ Towler-RDR
3:00 Knitting Grp.-LR
3:00 Catholic Comm.-GDR
5:00 Happy Hour-P
7:00 **Movie Matinee-HCR**

28 9:00 Walks-LR
9:30 Fitness-HCR
1:30 Mexican Train Dominos-LR

29 2:00 Rummikub-C
3:00 Bingo-P